

# 107<sup>°</sup> CONGRESSO NAZIONALE della SOCIETÀ ITALIANA DI FISICA

Advances in Monte Carlo patient-specific internal dosimetry for <sup>90</sup>Y-TARE treatments

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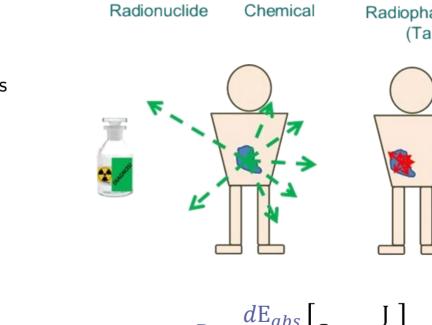
- Introduction
  - > Monte Carlo (MC) internal dosimetry in nuclear medicine
  - <sup>90</sup>Y TARE MC dosimetry via <sup>99m</sup>Tc-MAA SPECT/CT
- ◆ Topic 1
  - Optimization of computation times finding best combinations of simulation parameters
- ♦ Topic 2
  - Investigation and possible corrections of dose misevaluations caused by artefacts in input functional scans
- Conclusion and perspectives

#### Internal dosimetry in nuclear medicine

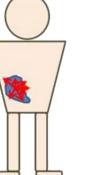
- Nuclear Medicine: employs radionuclides (radiopharmaceuticals) for diangostic and therapeutic purposes
- Internal dosimetry: quantification of absorbed dose to internally irradiated organs and tissues

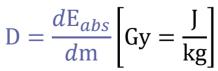
Fundamental role:

- > Damage to pathologic tissues
- > Risk for healthy tissues
- > Deduce dose-effect correlations  $\rightarrow$
- $\rightarrow$  Optimize activity administration





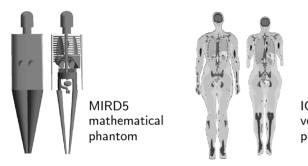




# Monte Carlo dosimetry approach

Models needed for:

- 3D antropomorphic anatomy:
  - Mathematical models
  - Voxel level
    - Standard human models
    - Patient-specific

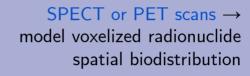


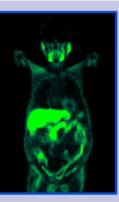
ICRP reference voxelized phantoms

- Mathematical-physical calculation approach
  - Local energy deposition
  - > Dose point-kernels convolution
  - S-factors (MIRD)
  - > Direct Monte Carlo (MC) simulation

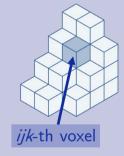


 $\begin{array}{l} \mathsf{CT} \text{ scans} \rightarrow \\ \mathsf{model} \text{ patient's body as} \\ \mathsf{voxelized} \text{ phantom} \end{array}$ 





- MC simulation of radionuclide decays and interaction of daughters with matter
  - Score absorbed dose in each voxel
  - (codes exploting MC algorithms + e.m., weak and hadronic physics)



- MC + morphological and functional imaging
  - > Pro: most accurate and patient-specific method
  - $\succ$  Cons: resources and longer computational time  $\rightarrow$
  - $\rightarrow$  not routinely used in clinics but excellent for research

Dewaraja, Y. K. et al. *J. Nucl. Med.* 53(8) (2012) DOI: 10.2967/jnumed.111.100123.

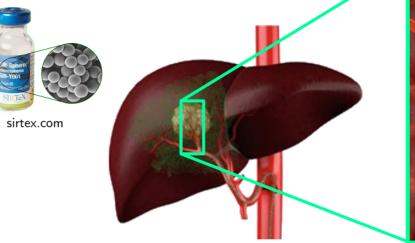
# 90Y TARE

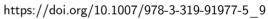
#### Trans-Arterial Radio-Embolization (TARE) of HepatoCellular Carcinoma (HCC)

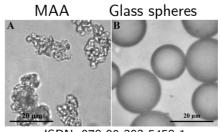
- Selective administration of <sup>90</sup>Y-labelled microspheres (glass or resin):
  - >  ${}^{90}$ Y: high-energy  $\beta$  emitter:

 $<\!E_{\beta_{-}}\!>=$  932.4 keV,  $E_{\beta_{-}\max}=$  2278.5 keV,  $t_{_{1\!\prime_{\!2}}}=$  64.1 h

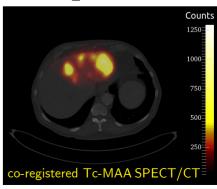
- Microspheres injected via catheter into hepatic hartery
- $\succ ~\rightarrow$  embolization of capillaires supplying lesion, permenent implant
- $\succ \quad \rightarrow \mbox{fixed distribution}$
- ♦ Eligibility → Pre-therapy <sup>99m</sup>Tc MacroAggregated Albumin (Tc-MAA) scintigraphy
  - $\succ$   $~~^{99m}Tc:~\gamma$  emitter:  $E_{_{\gamma}}=$  0.1405 MeV,  $t_{_{1\!\prime_{\!2}}}=$  6.0 h
  - > MAA and microspheres: comparable biodistribution  $\rightarrow$  predict TARE
  - > Detect eventual shunts/leakages
  - > Quantitative Tc-MAA SPECT/CT  $\rightarrow$  dosimetry





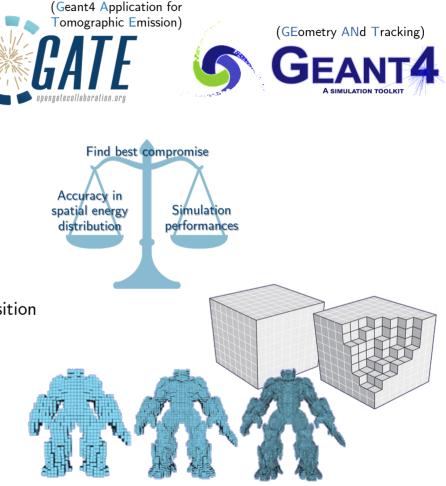


ISBN: 978-90-393-5458-1



# Topic 1: Optimization of simulation times

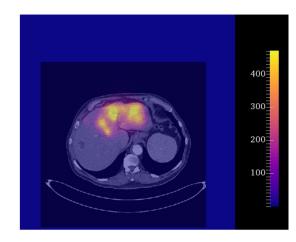
- Optimize simulation times acting on simulation parameters
- Investigate the behaviour of simulation time as a function of:
- Range cuts on production of secondary particles
- Avoid infrared divergence of low energy secondaries (e.g. delta-rays, bremsstrahlung) → poor CPU perfomance if tracking all until end
- > Stop secondaries below a threshold and energy dumped in last point
- $\succ$  Balance to avoid imprecise stopping locations  $\rightarrow$  spatial energy deposition
- $_{\circ}$   $\,$  Resolution of the input CT scan
- > The higher the resolution, the greater the number of voxels
- → more sub-volumes in which particles are transported, and related quantities scored → larger matrices (→ larger files)



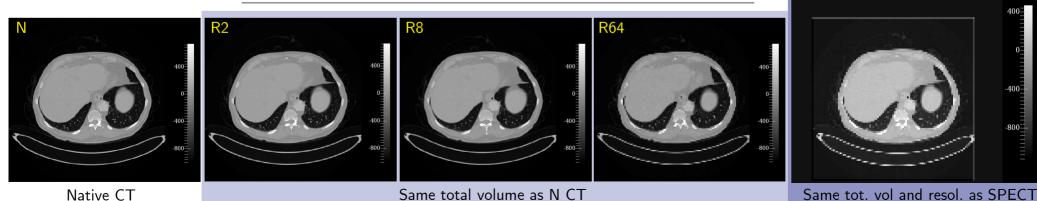
### Input data and CT resamplings

- Starting data: co-registered <sup>99m</sup>Tc-MAA SPECT and CT for a patient suffering from HCC enrolled for TARE
- CT resamplings performed: 3D Slicer, *Resample Scalar Volume* and *Resample Image* (*BRAINS*) modules using Laczos interpolation

|          | CT name | v <sub>R</sub> /v <sub>N</sub> | Resolution                  | Voxel dimensions (mm <sup>3</sup> ) |
|----------|---------|--------------------------------|-----------------------------|-------------------------------------|
|          | N       |                                | $512 \times 512 \times 146$ | $0.89 \times 0.89 \times 2.00$      |
| 3DSlicer | R2      | 2.4                            | $384 \times 384 \times 110$ | $1.19 \times 1.19 \times 2.65$      |
|          | R8      | 8.0                            | $256 \times 256 \times 73$  | $1.79 \times 1.79 \times 4.00$      |
|          | R64     | 64.9                           | $128 \times 128 \times 36$  | $3.58 \times 3.58 \times 8.11$      |
|          | RS      | 63.4                           | $128 \times 128 \times 105$ | $4.66 \times 4.66 \times 4.66$      |
|          |         |                                |                             |                                     |



RS



#### Range cuts and other simulations settings

For each CT resampling, multiple independent simulations with different

Voxel dimensions (mm<sup>3</sup>) CT name  $v_R/v_N$ Resolution Ν  $512 \times 512 \times 146$  $0.89 \times 0.89 \times 2.00$ R2  $384 \times 384 \times 110$  $1.19 \times 1.19 \times 2.65$ 2.4 R8 8.0  $256 \times 256 \times 73$  $1.79 \times 1.79 \times 4.00$ R64 64.9 128×128×36  $3.58 \times 3.58 \times 8.11$ RS 63.4  $128 \times 128 \times 105$  $4.66 \times 4.66 \times 4.66$ 

All the examined combinations

| Production cut (mm) | СТ           |              |              |              |              |
|---------------------|--------------|--------------|--------------|--------------|--------------|
|                     | Ν            | R2           | R8           | R64          | RS           |
| 0.01                | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| 0.05                | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| 0.1                 | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| 0.5                 | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| 1.0                 | $\checkmark$ |              |              |              |              |
| 1.5                 |              | $\checkmark$ |              |              |              |
| 2.0                 |              |              | $\checkmark$ |              |              |
| 4.0                 |              |              |              | $\checkmark$ | $\checkmark$ |

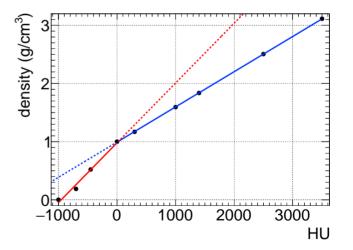
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Each simulation was run with the following settings:

production cuts on electrons, positrons and photons

- GATE v9.0, relying on GEANT4 v10.05p01
- > Phantom definition: density intervals  $\rightarrow$  HU conversion with density tolerance 0.01 g/cm<sup>3</sup>, materials  $\rightarrow$  Table below
- > Source definition: Tc-MMA SPECT to simulate <sup>90</sup>Y-microspheres distribution
- > Physics: *G4EmStandard* opt3 + *G4RadioactiveDecay*
- $\rightarrow$  Primaries: <sup>90</sup>Y ions at rest (2.10<sup>8</sup> histories)

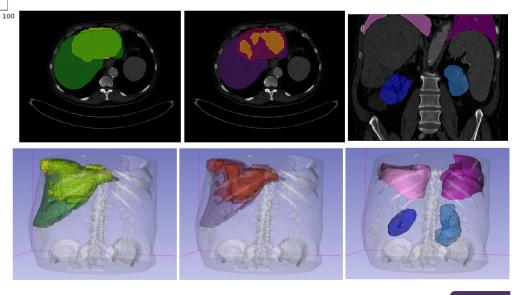
| Material               | HU intervals               | ρ (g/cm <sup>3</sup> ) |
|------------------------|----------------------------|------------------------|
| G4_AIR                 | $HU \le -855.75$           | $ ho \leq 0.10$        |
| G4_LUNG_ICRP           | $-855.75 < HU \le -126.50$ | $0.10 <  ho \leq 0.85$ |
| G4_ADIPOSE_TISSUE_ICRP | $-126.50 < HU \le -38.98$  | $0.85 <  ho \leq 0.94$ |
| G4_TISSUE_SOFT_ICRP    | $-38.98 < HU \le 343.61$   | $0.94 <  ho \leq 1.2$  |
| G4_BONE_CORTICAL_ICRP  | HU > 343.61                | ho > 1.2               |



### Dose calculations

- For each simulations dose maps were scored, with same resolution as corresponding CT used
- Correct values in each voxel deduced as:  $D^{ijk} = \frac{D_{out}^{ijk}}{N_{evts}} \cdot \tilde{A}$ Assuming (reasonable for TARE): monoexponential behaviour with Activity (GBq) 1 5 instantaneous uptake no biological clearance  $\rightarrow$  $\rightarrow$  effective decay time = physical nuclide decay time  $\tilde{A} = A(0) \int_0^\infty e^{-t/\tau_{90Y}} dt = A(0) \cdot \tau_{90Y}$ Total injected activity time (h **R**2 . . . 3 dose maps for range cut = 0.01 mm RS R64 R8 . . . .
- Then, average doses calculated in Volumes Of Interest (VOIs):
  - Liver, lesions, liver perfused, healthy liver, healthy liver perfused, right lung, left lung, right kidney left kidney

$$\langle D \rangle_{VOI} = \frac{1}{N_{VOI}^{vox}} \sum_{i,j,k \in VOI} D^{ijk}$$

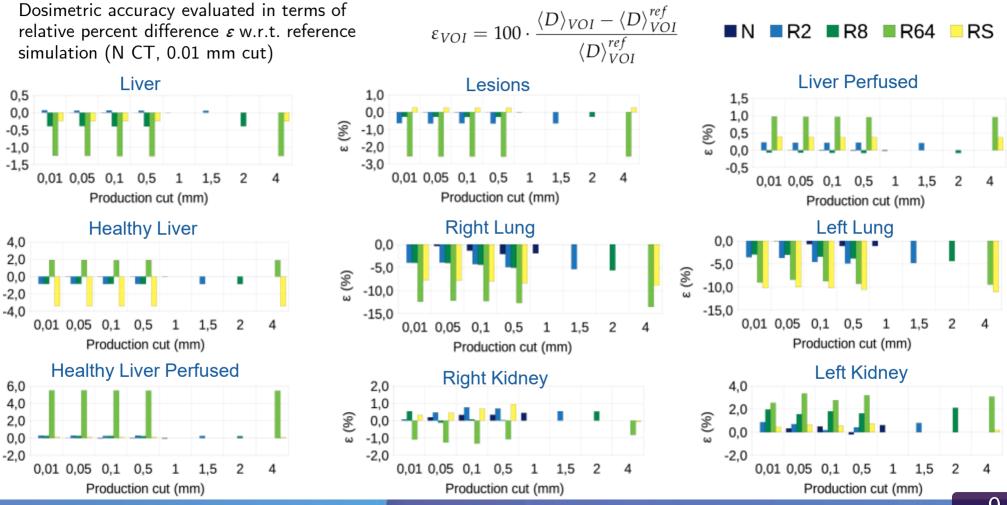


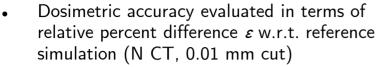
.

ε (%)

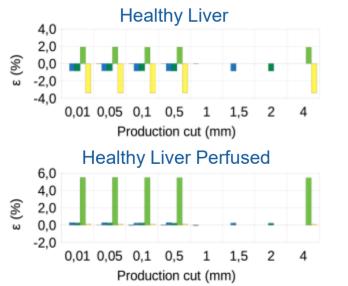
s (%)

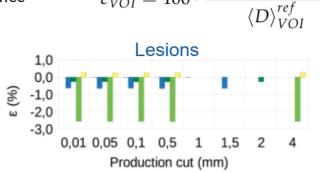
ε (%)



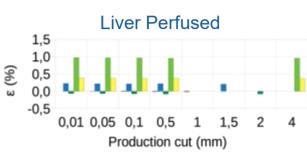








 $\varepsilon_{VOI} = 100 \cdot \frac{\langle D \rangle_{VOI} - \langle D \rangle_{VOI}^{ref}}{VOI}$ 



■R2 ■R8 ■R64

N I

RS

 Liver-related VOIs:
 eft Lung

 > For a fixed resampling no appreciable differences varying cuts
 eft Lung

 > |ε| < 1% for all resamplings except R64 (and RS only for healthy liver)</td>
 1 0,5 1 1,5 2

 Right Kidney
 4,0

 2,0
 Right Kidney

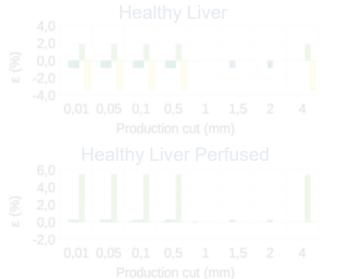
 4,0
 2,0

 0,0
 0,0

 1,0
 0,0

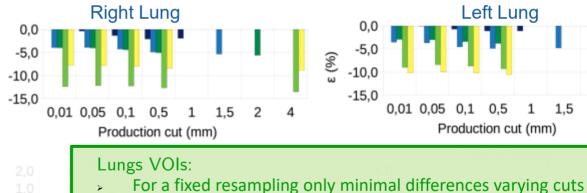
Dosimetric accuracy evaluated in terms of . relative percent difference  $\varepsilon$  w.r.t. reference simulation (N CT, 0.01 mm cut)





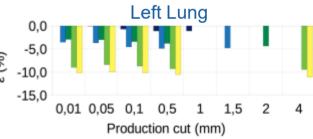


 $\varepsilon_{VOI} = 100 \cdot \frac{\langle D \rangle_{VOI} - \langle D \rangle_{VOI}^{ref}}{VOI}$ 





■N ■R2 ■R8 ■R64



- $|\varepsilon| < 5\%$  for R2 and R8 resamplings
- $|\varepsilon| < 10\%$  for RS resampling
- $|\varepsilon| < 13\%$  for R64 resampling

n fuund

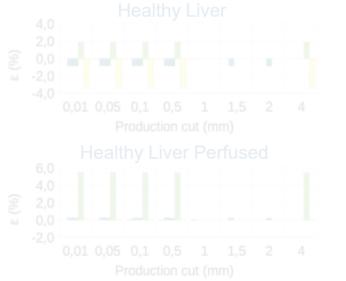
Daniele Pistone - Advances in Monte Carlo patient-specific internal dosimetry for <sup>90</sup>Y-TARE treatments

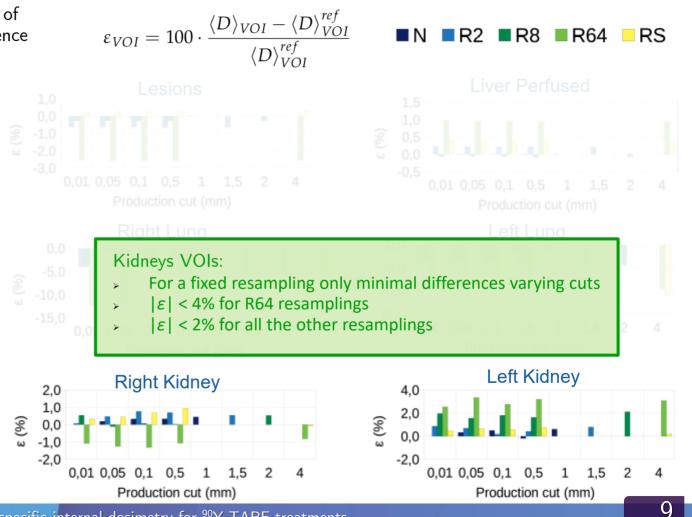
ε (%)

RS

Dosimetric accuracy evaluated in terms of . relative percent difference  $\varepsilon$  w.r.t. reference simulation (N CT, 0.01 mm cut)





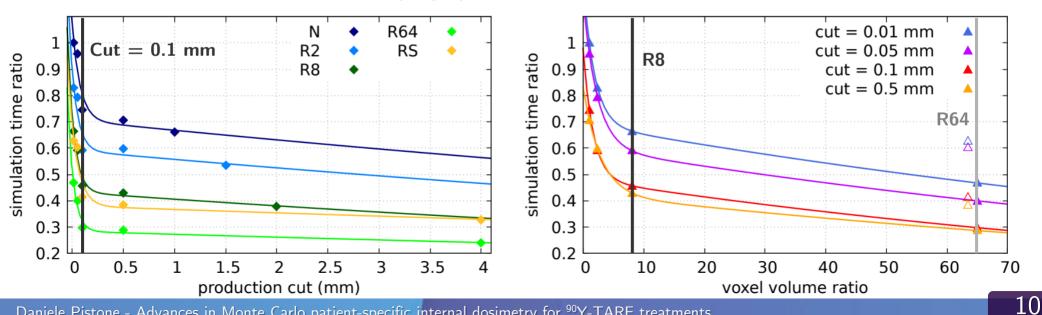


#### Simulation times vs parameters values

- All simulations run in single cores of a Intel(R) Xeon(R) CPU E5-2620 v4 @ 2.10GHz processor
- Simulation times registered as GATE variable *ElapsedTimeWoInit*
- and compared in terms of ratio with reference simulation

Given a CT resol., cuts > 0.1 mm reduce only slightly time

- Increasing cut lenght and reducing CT resolution (voxel volume ratio w.r.t. reference, in plots):  $f(x) = ae^{-bx} + ce^{-dx}$ 
  - Early rapid decrease + late slow decrease, well described by biexponential
  - But excluding RS results in right plot (open triangles)  $\rightarrow$  do not conserve N CT's total volume



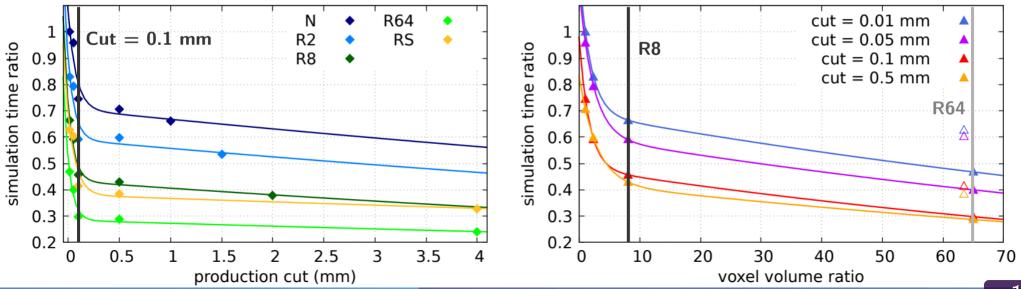
Daniele Pistone - Advances in Monte Carlo patient-specific internal dosimetry for <sup>90</sup>Y-TARE treatments

#### Given a cut, R64 does not reduce much time w.r.t. R8

#### Simulation times vs parameters values

Taking into account both dosimetric accuracy and time saving

- Best combination of parameters:
  - ▶ R8 resampling (doubling voxel dimensions) + 0.1 mm cut  $\rightarrow$
  - Simulation time reduced to 45-50% of reference
  - Ensures agreemenet ( $|\epsilon|$ ) of 1% in liver-related VOIs, 4% in lungs, 2% in kidneys
- Fastest simulations:
  - R64 resampling, cuts 0.1-0.5 mm
  - Agreement of 6% in healthy liver perf., 3% in other liver sections, while reducing simulation time to 30% of reference
  - Acceptable for liver-related VOIs alone



#### Topic 2: Dose misevaluations due to artefacts in input scans

As already said

• Direct Monte Carlo + patient-specific input data = gold standard for internal dosimetry

#### but

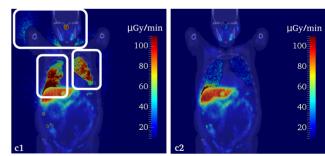
- **Provided that** simulated system reproduces precisely the real system
- Possible dose misevaluations in low-density regions (e.g. lungs) due to functional imaging artefacts (background noise, reconstruction noise, motion blurring)
  - Observed in our recent sudies on diagnostic dosimetry for <sup>18</sup>F-choline PET

Aim

 Investigate such misevaluations and find corrections for <sup>90</sup>Y TARE dosimetry via SPECT filtering techniques



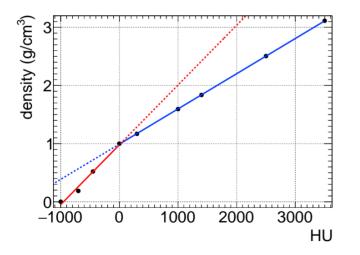
The map is not the territory



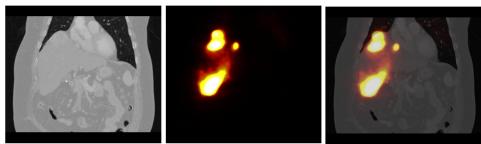
Pistone D. et al. 2020 AAPP https://doi.org/10.1478/AAPP.981A5

#### Data and simulations settings

- Simulations run with the following settings:
- > Software: GATE v9.0 and indepentendly GAMOS v6.0.0
- > Input data: co-registered <sup>99m</sup>Tc-MAA SPECT and CT
- > Phantom definition: density intervals  $\rightarrow$  HU bilinear conversion, materials  $\rightarrow$  Table below
- Source definition: Tc-MMA SPECT to simulate <sup>90</sup>Y-microspheres distribution
- Physics: G4EmStandard\_opt3 + G4RadioactiveDecay
- > Primaries: 90Y ions at rest (2.10<sup>8</sup> histories)







СТ

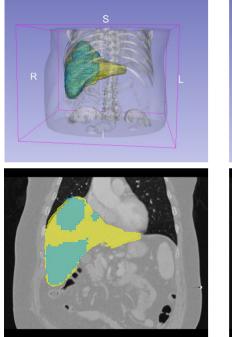
<sup>99m</sup>Tc-MAA SPECT

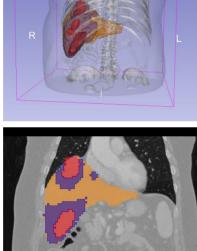
co-registered

| Material               | HU intervals               | <b>ρ</b> (g/cm <sup>3</sup> ) |
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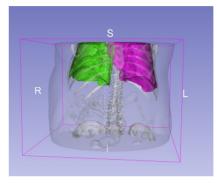
# Volumes of interest (VOIs)

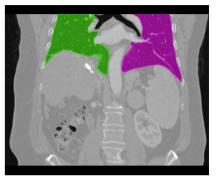
Liver, Lesion (segmented on CT, manual) Liver Perfused (segmented on SPECT, threshold based) Healthy Liver (= Liver – Lesion) Healthy Liver Perfused (= Liver Perfused – Lesion)



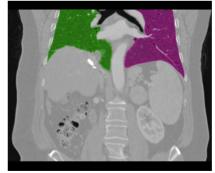


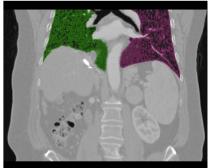
#### Visible sections of Right Lung and Left Lung in the FOV of the CT (segmented on CT, threshold based: HU < -150)





 $\begin{array}{l} \mbox{Alternative lungs segmentations: air removal} \\ \mbox{1) R. L., L. L. -air (HU < -900)} \\ \mbox{2) R. L., L. L. -air (HU < -855)} \end{array}$ 



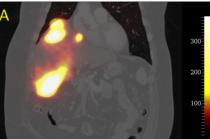


| Material     | HU intervals               | ρ (g/cm <sup>3</sup> ) |
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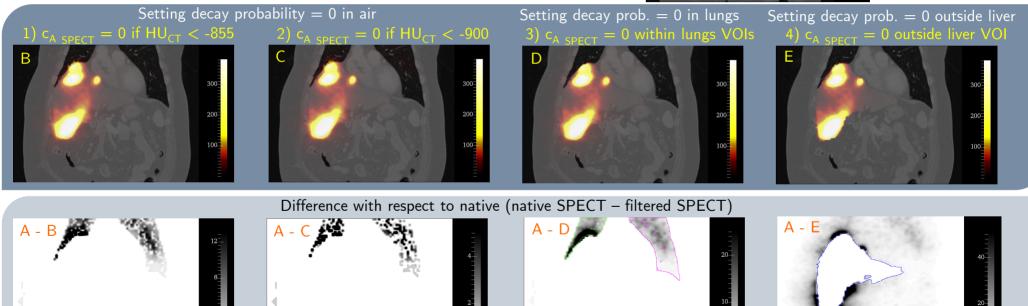
# SPECT filtering techniques

• To investigate the effect of SPECT artefacts

Starting from Native Tc-MAA SPECT



#### Filtered SPECTs



### Dose calculations

Indepentent simulations run for native SPECT and each filtered SPECT described, both with GATE and GAMOS

Л

For each simulation Dose in each voxel:

$$^{jk} = \frac{D_{MC output}^{ijk}}{N_{ents}}\tilde{A}$$

Assuming:

• instantaneous uptake

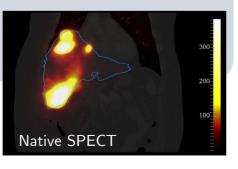
• no biological clearance  $\rightarrow$  effective decay time = physical nuclide decay time Total injected activity  $\tilde{A} = \int_{0}^{\infty} A(t)dt = A(0) \int_{0}^{\infty} e^{-\lambda_{90Y}t} dt = \overline{A(0)} \cdot \tau_{90Y}$ 

#### Additional caclulation:

Native SPECT with post-simul. background correction factor

$$D_{bkg \ corr}^{ijk} = D_{native}^{ijk} \cdot b$$
$$b = \frac{A_{whole \ SPECT}}{A_{liver \ VOI}}$$
Average dose in a VOI:

$$\overline{D}_{VOI} = \frac{1}{N_{voxels \in VOI}} \sum_{ijk \in VOI} D^{ijl}$$



Single voxel dose stat. uncert.: standard deviation of the mean

$$\sigma^{ijk} = \sqrt{\frac{1}{N_{evts} - 1} \left(\frac{\sum_{n=1}^{N_{evts}} (d_n^{ijk})^2}{N_{evts}} - \left(\frac{\sum_{n=1}^{N_{evts}} d_n^{ijk}}{N_{evts}}\right)^2\right)}$$
$$d_n^{ijk} = \text{deposited dose in a single primary event } n$$

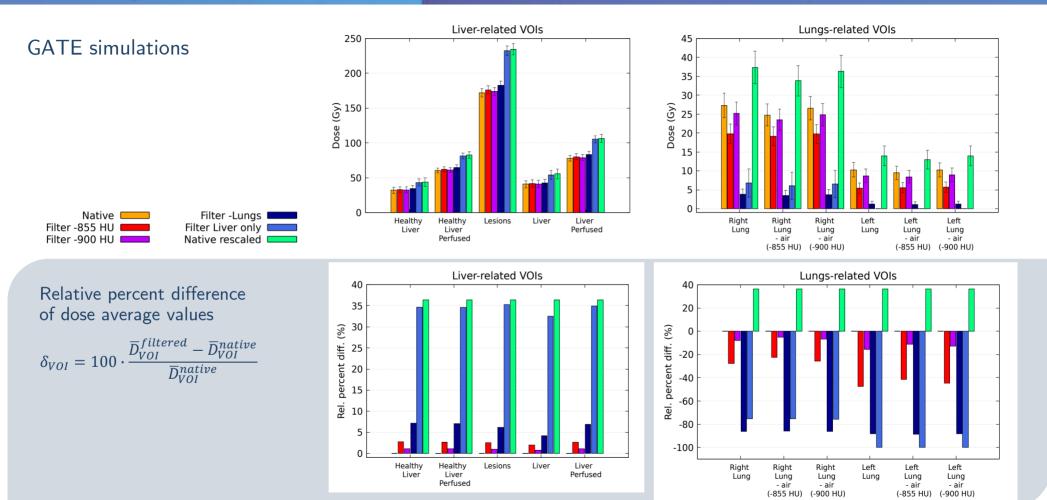
• Quantity used for stat. unc. on average doses in VOIs: average value of  $\sigma^{ijk}$  within VOI

$$\bar{\sigma}_{VOI} = \frac{1}{N_{voxels \in VOI}} \sum_{ijk \in VOI} \sigma^{ijk}$$

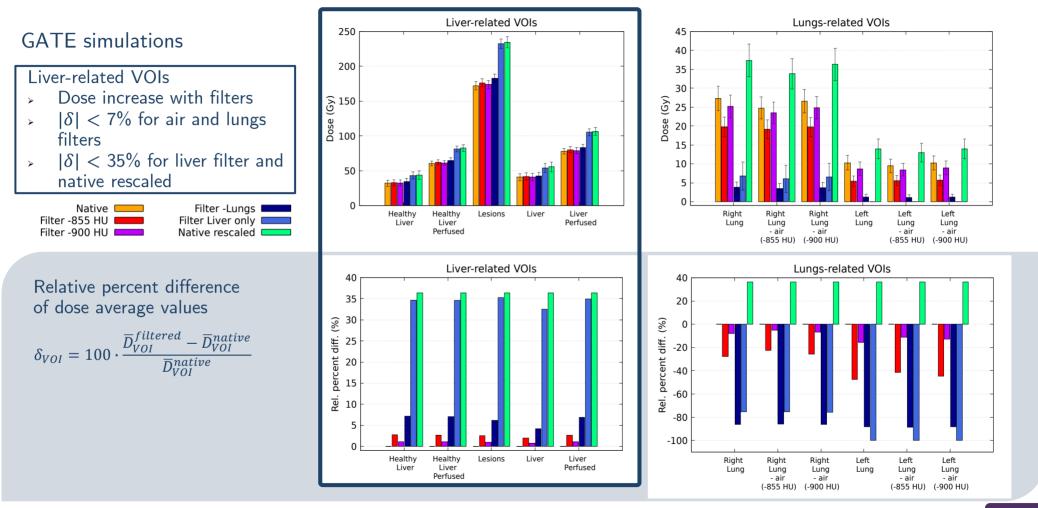
 Native-filtered SPECT simul. comparison: relative percent difference of dose average values

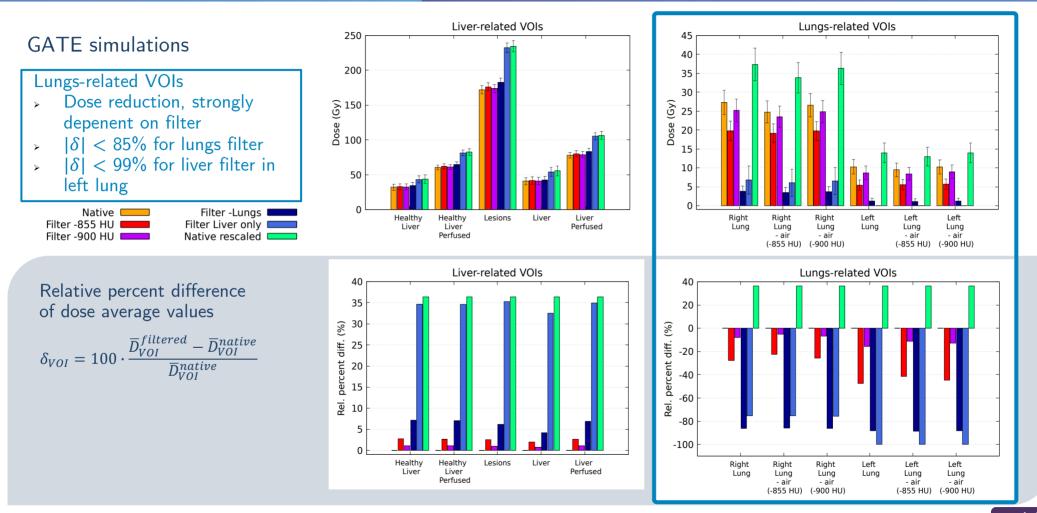
 $\delta_{VOI} = 100 \cdot \frac{\overline{D}_{VOI}^{filtered} - \overline{D}_{VOI}^{native}}{\overline{D}_{VOI}^{native}}$ 

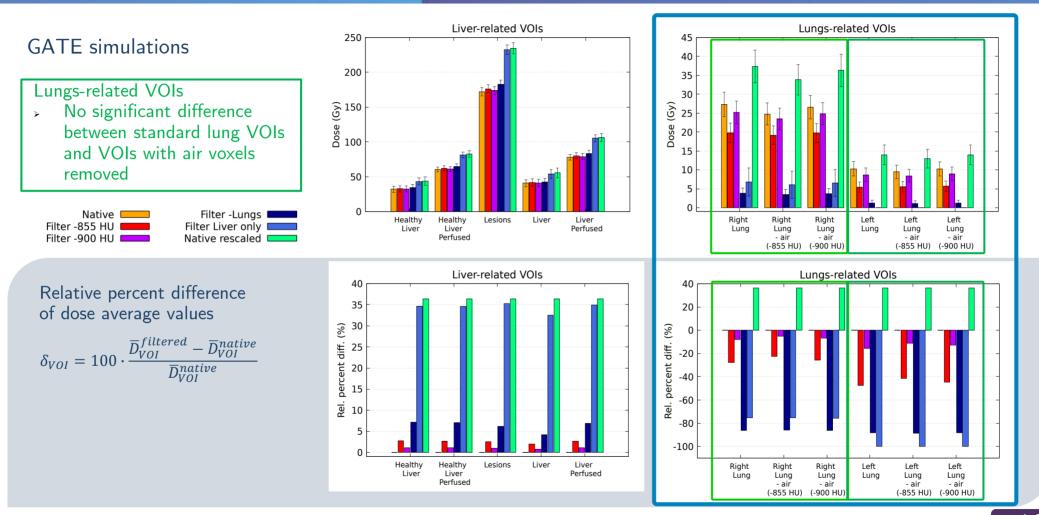
GATE-GAMOS simul. comparison: relative percent difference of dose average values  $\varepsilon_{VOI} = 100 \cdot \frac{\overline{D}_{VOI}^{GAMOS} - \overline{D}_{VOI}^{GATE}}{\overline{D}_{VOI}^{GATE}}$ 



#### 16



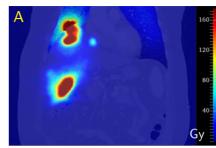




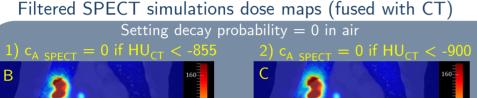
#### Dose maps comparison

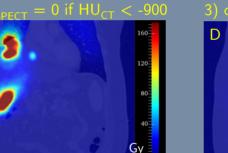
Gv

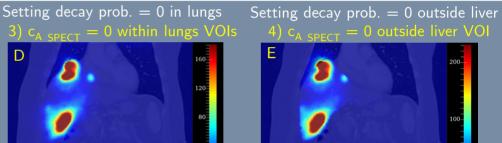
#### GATE simulations



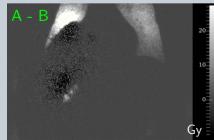
Native SPECT simulation dose map (fused with CT)

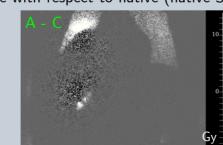


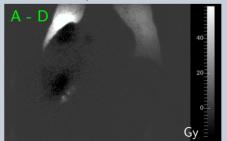




Difference with respect to native (native SPECT sim. dose map - filtered SPECT sim. dose map)

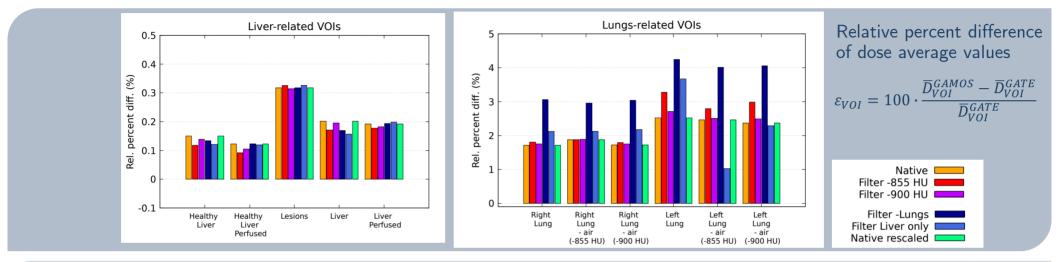




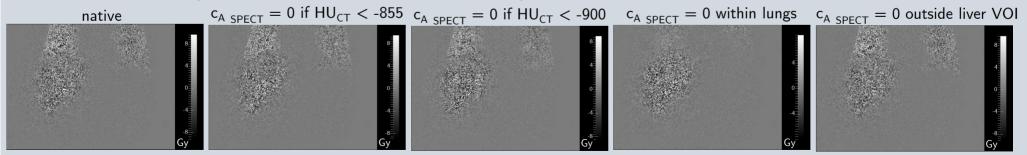




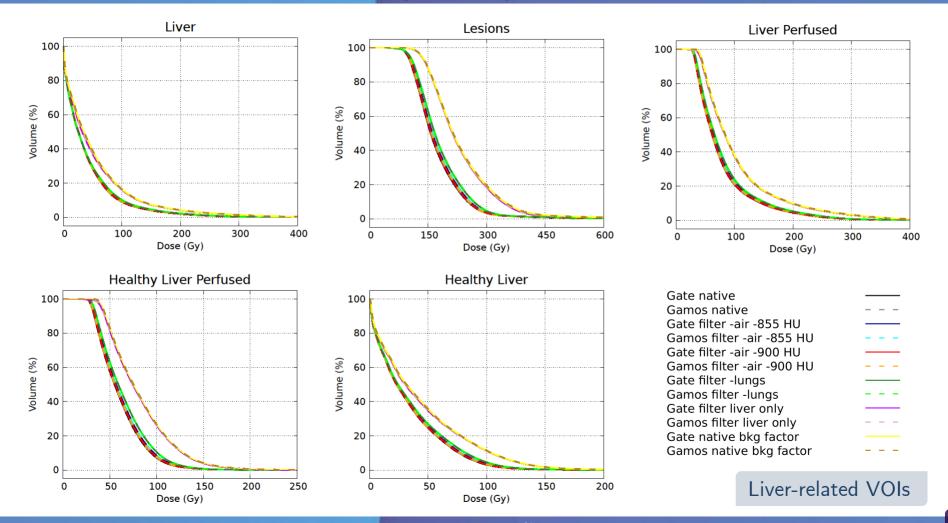
#### **GATE-GAMOS** comparison



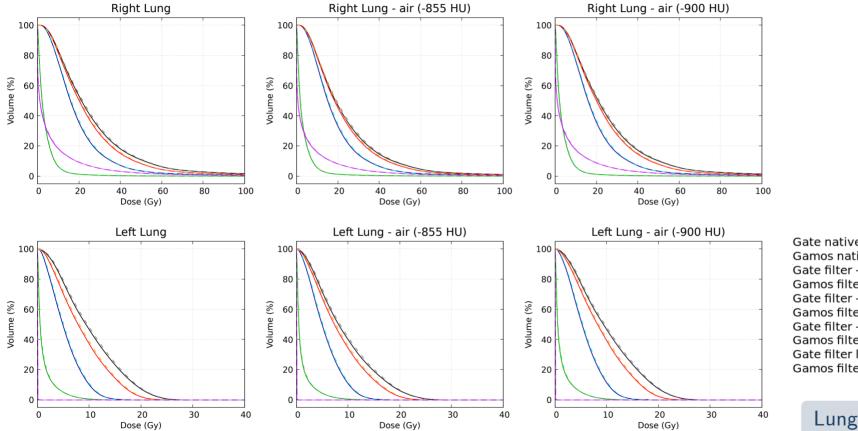
GAMOS-GATE differences (GAMOS sim. dose map – GATE sim. dose map)



### Dose-Volume Histograms (DVHs)



### Dose-Volume Histograms (DVHs)



| Gate native             |  |
|-------------------------|--|
| Gamos native            |  |
| Gate filter -855 HU     |  |
| Gamos filter -855 HU    |  |
| Gate filter -900 HU     |  |
| Gamos filter -900 HU    |  |
| Gate filter -lungs      |  |
| Gamos filter -lungs     |  |
| Gate filter liver only  |  |
| Gamos filter liver only |  |
|                         |  |

Lungs-related VOIs

### Conclusion

- Two main studies reported, aimed at optimizing voxel-level patient-specific MC internal dosimetry for <sup>90</sup>Y TARE treatments
- 1) Behaviour of simulation time vs CT resolution and production range cuts
  - > Best parameters combination: resampling giving CT voxels of the order of  $2.0 \times 2.0 \times 4.0 \text{ mm}^3$ (dimensions  $\approx 2 \times \text{ conventional CT voxels}$ ) + 0.1-0.5 mm cuts
- 2) Investigation and correction of dose misestimations due to artefacts in input functional scans (background noise, reconstruction noise, motion blurring)
  - > Even if MC is gold standard for internal dosimetry, must be used with criterion!
  - > Using merely native SPECTs as input can produce:
    - Overestimation of lungs doses
    - Underestimation of liver doses
  - > Appropriate filtering procedures (thresholds + logical operations) of functional scans could lead to more realistic simulations → more reliable results
- Perspectives:
  - > Extend the studies to further cases (ongoing)
  - > Possible experimental + MC studies on phantoms



#### SOCIETÀ ITALIANA DI FISICA

#### **107° CONGRESSO NAZIONALE**

13-17 settembre 2021

# Thank you for your attention!

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