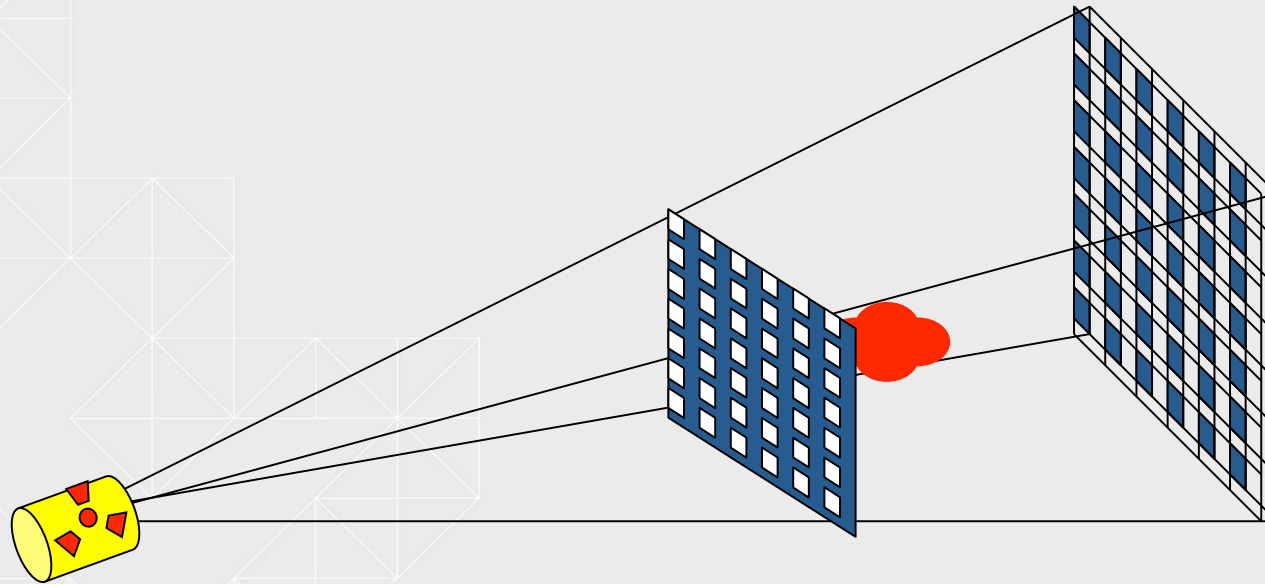




Sviluppo delle tecnologie a contrasto di fase per applicazioni mediche e biologiche - dai sincrotroni alle sorgenti X convenzionali



Sandro Olivo

Medical Physics and Bioengineering, UCL



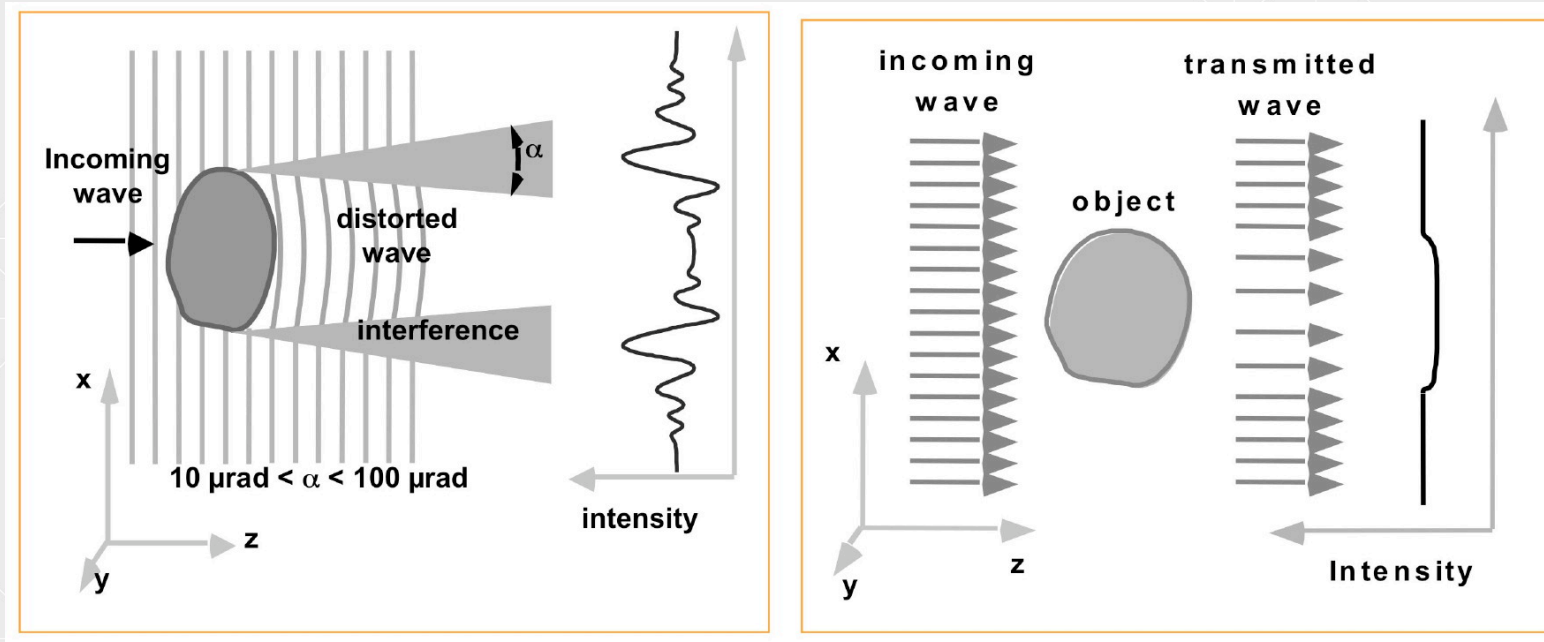
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Phase Contrast Imaging vs. Conventional Radiology



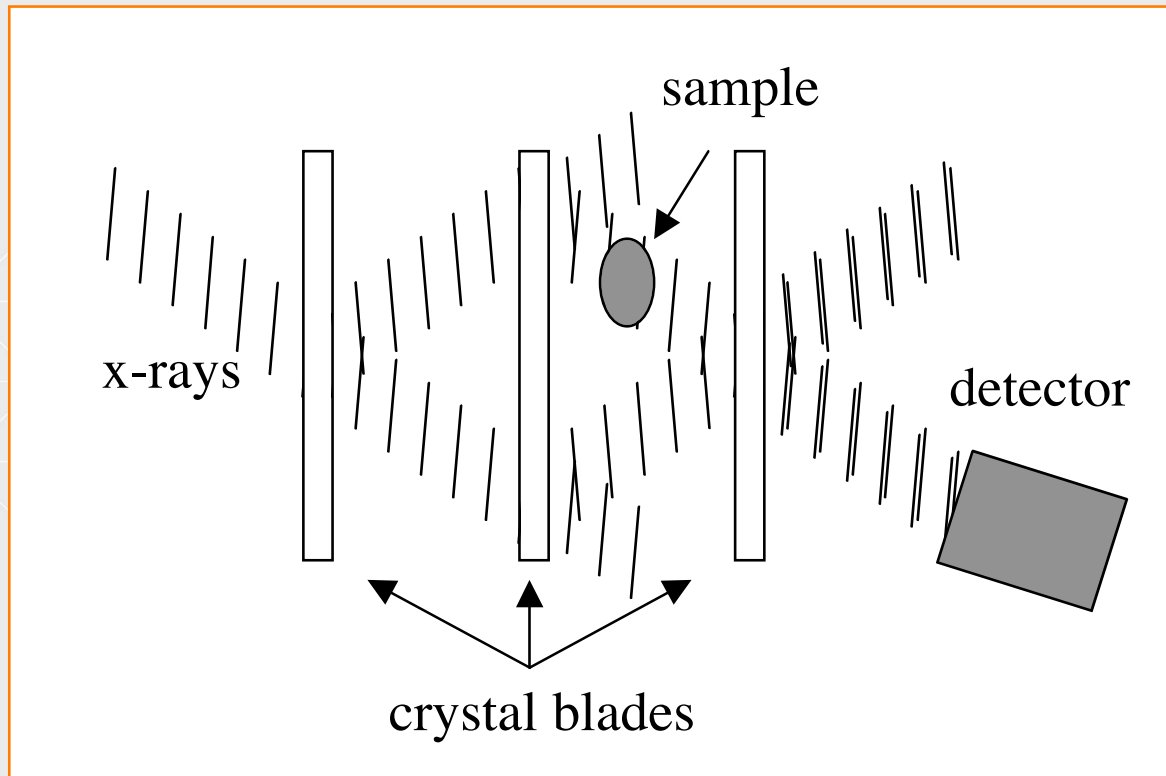
Refractive index: $n = 1 - \delta + i\beta$; $\delta \gg \beta \rightarrow$

phase contrast ($\Delta I/I_0 \sim 4\pi\delta\Delta z/\lambda$) \gg absorption contrast ($\Delta I/I_0 \sim 4\pi\beta\Delta z/\lambda$)

Two possible approaches:

- detect interference patterns
- detect angular deviations

In the beginning: The **BONSE/HART** interferometer (seminal 1965 APL paper)



- allows complete phase reconstruction - but:
- small fields of view
- high sensitivity to vibrations
- beam strictly parallel & monochromatic

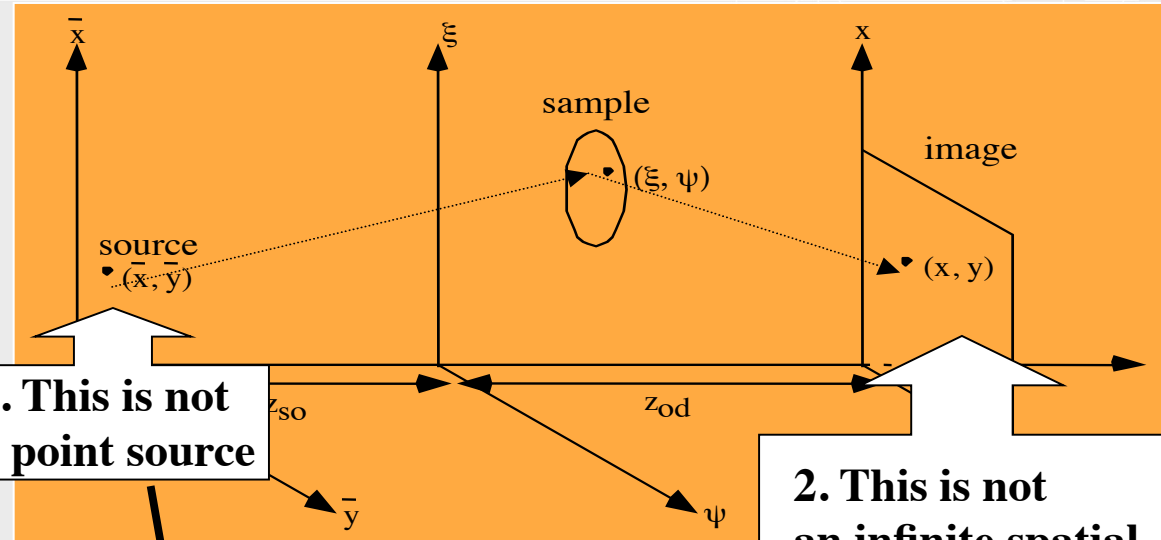


But then Momose *et al*, Med Phys 22 (1995) 375-9, Nature Medicine 2 (1996) 473-5
-> beginnings of XPCI

How can we model it?

without the object:

$$E(x,y) = \frac{1}{r} \exp(i2\pi r / \lambda)$$

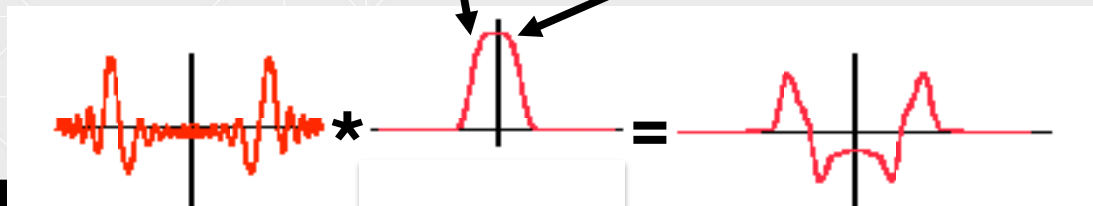


1. This is not a point source

2. This is not an infinite spatial resolution detector

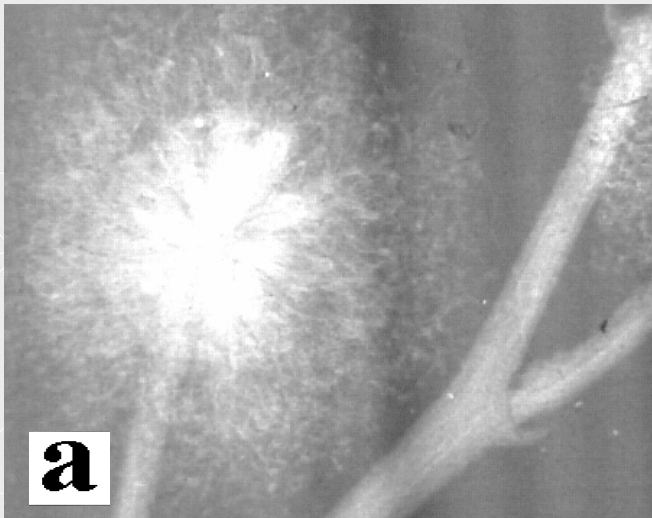
with the object in, it is effectively described by the Fresnel/Kirchoff integral

$$E(x,y) = \frac{1}{\sqrt{i\lambda z_{so} z_{od} (z_{so} + z_{od})}} \exp\left\{ \frac{2\pi i}{\lambda} \left[z_{so} + z_{od} + \frac{(y - \bar{y})^2}{2(z_{so} + z_{od})} \right] \right\} \cdot \int_{-\infty}^{+\infty} d\xi \exp\left\{ \frac{\pi i}{\lambda} \left[\frac{(\bar{x} - \xi)^2}{z_{so}} + \frac{(\xi - x)^2}{z_{od}} \right] \right\} \exp[i\Phi(\xi)]$$

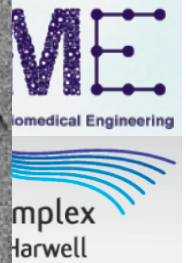
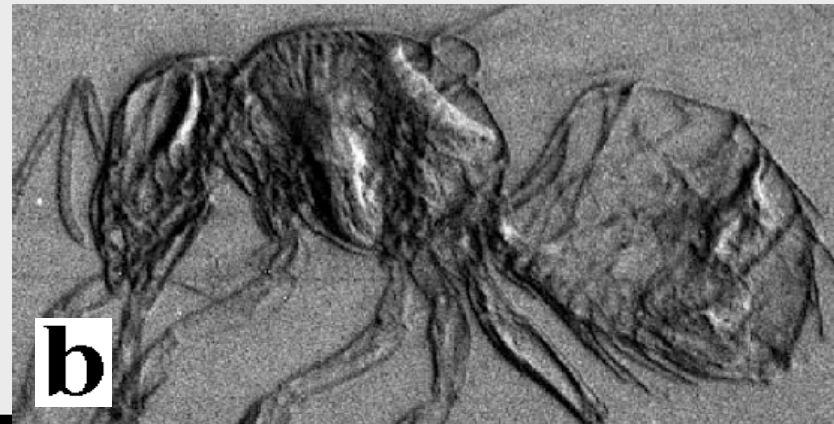
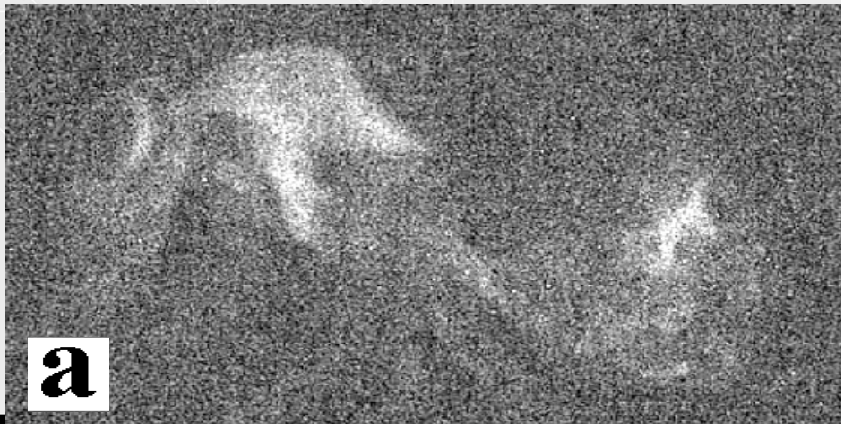
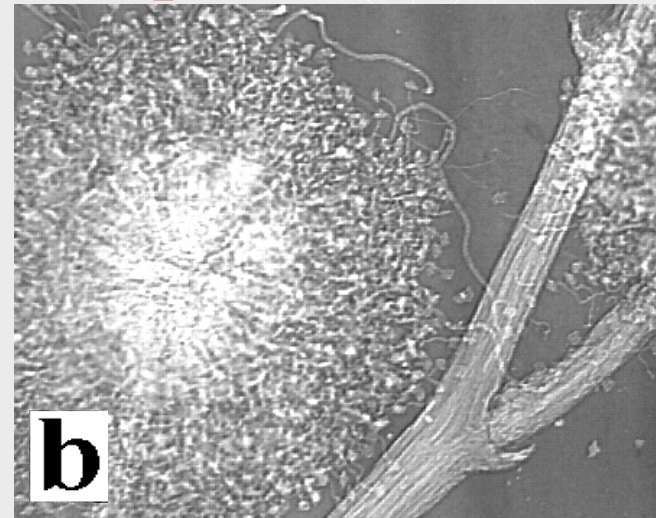




a) absorption



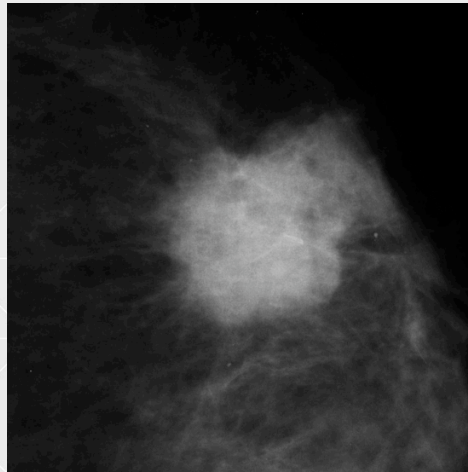
b) phase contrast



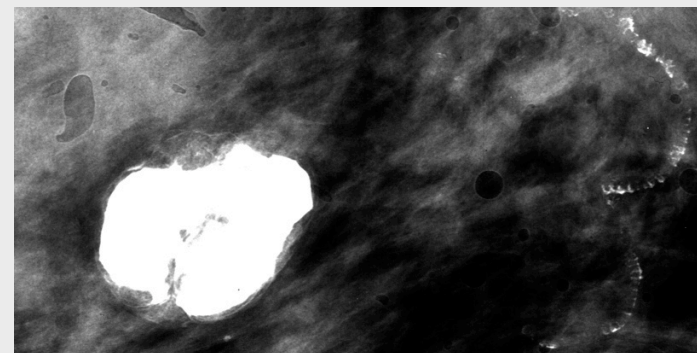
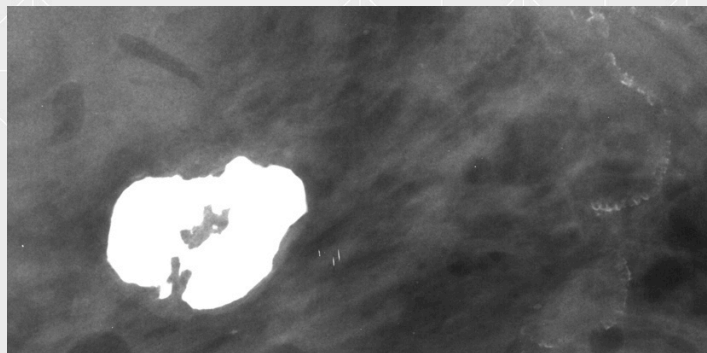
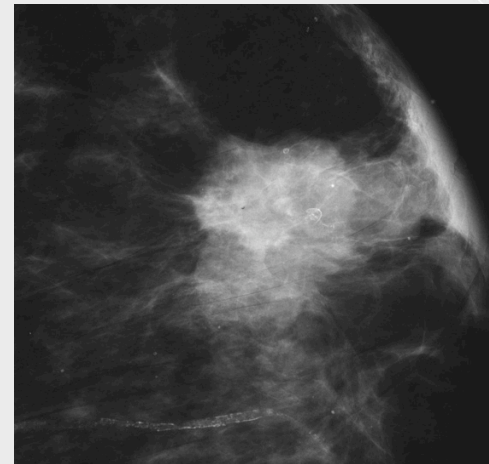


Impressive results are achieved in breast imaging

absorption



phase contrast



IBME

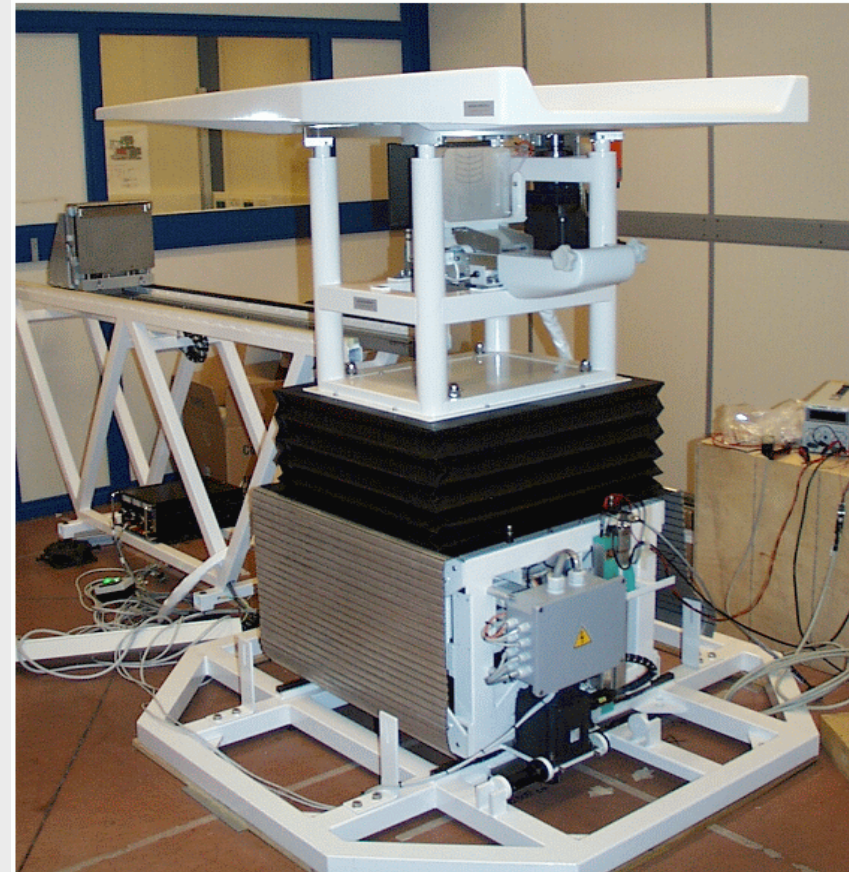
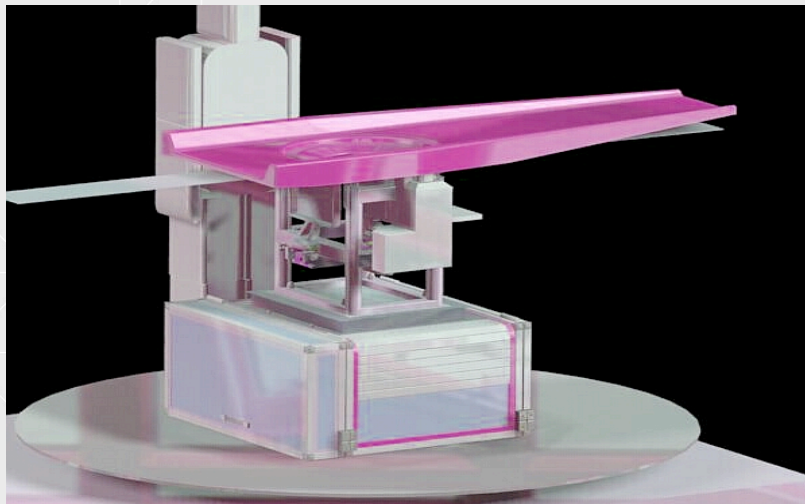
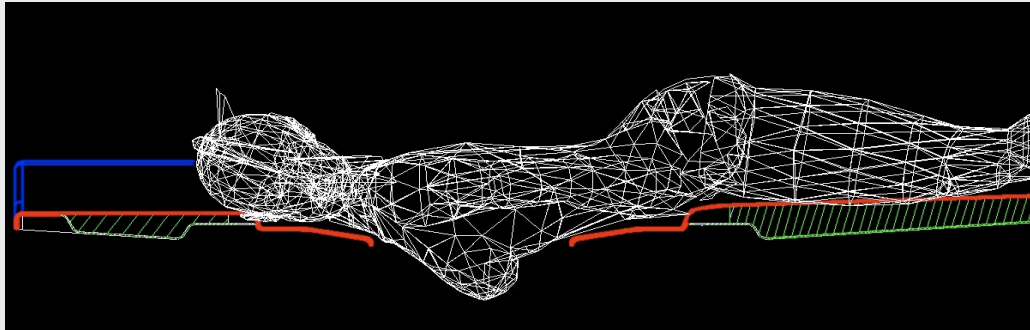
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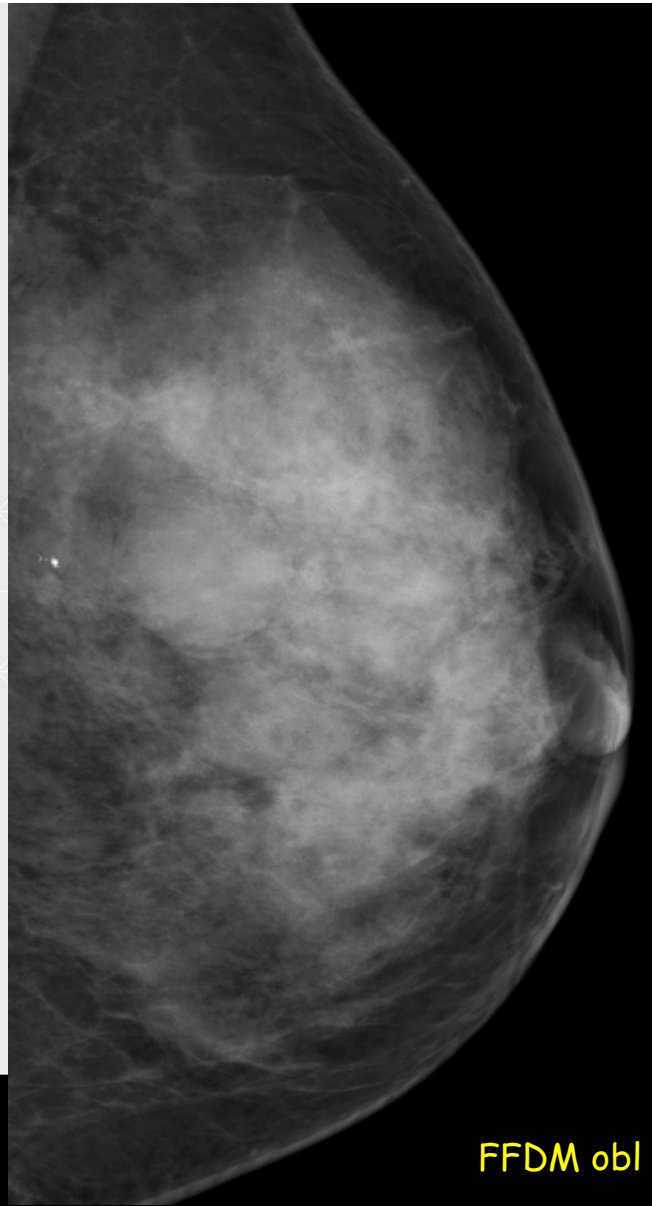


Which led to the realization of a dedicated mammography station in TS

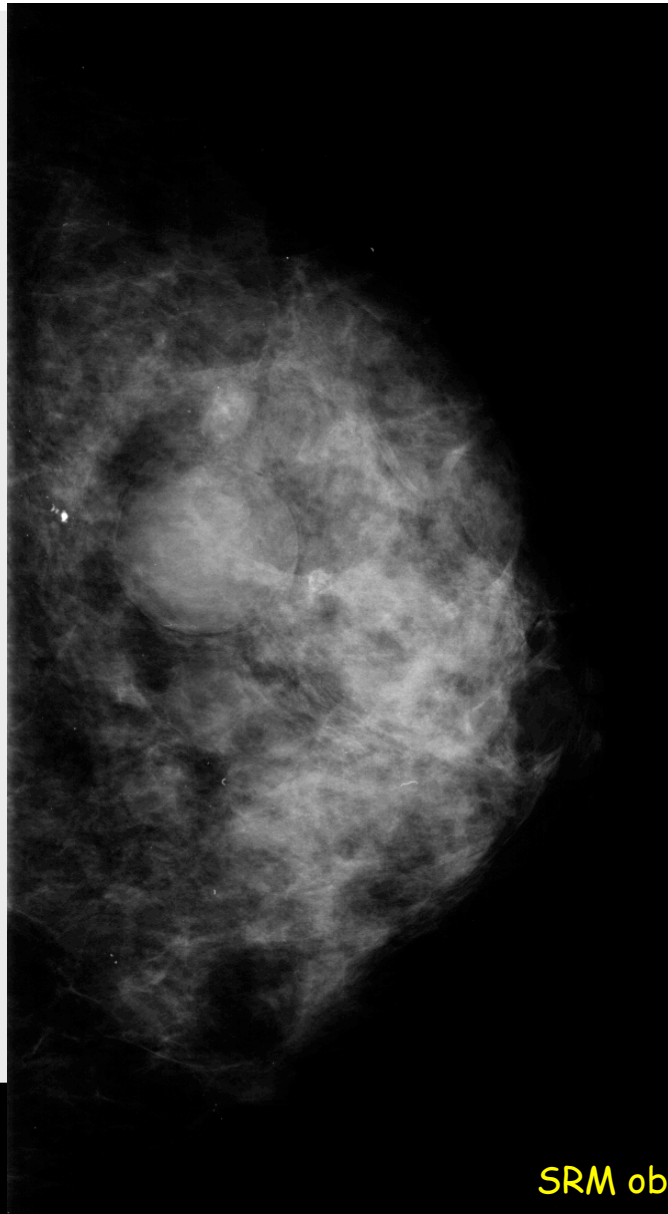
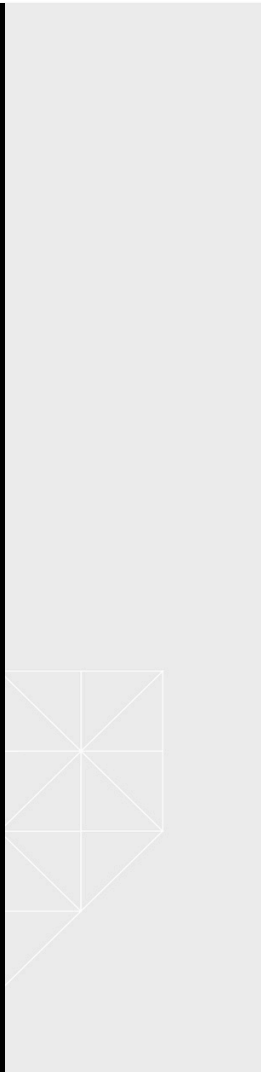


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SRM: findings



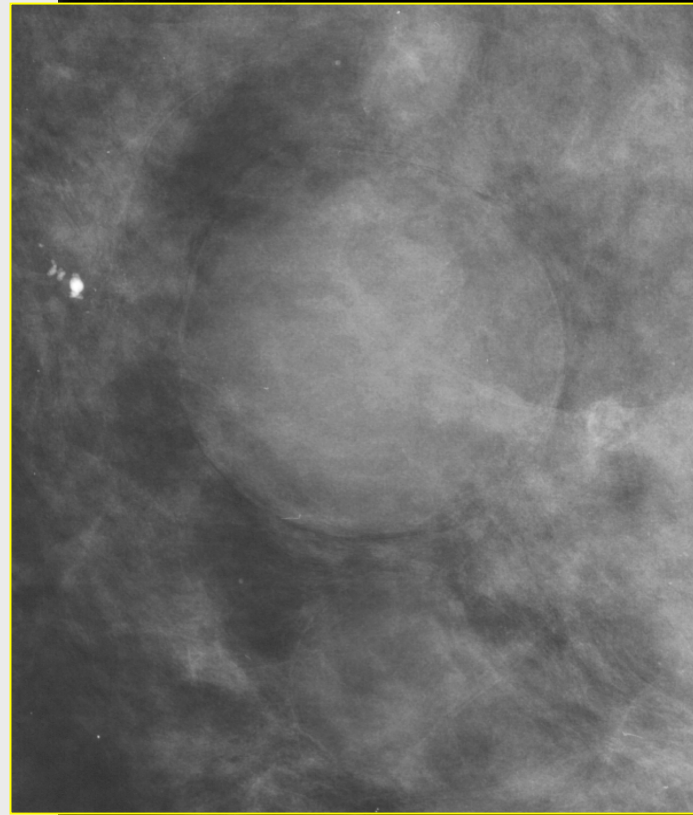
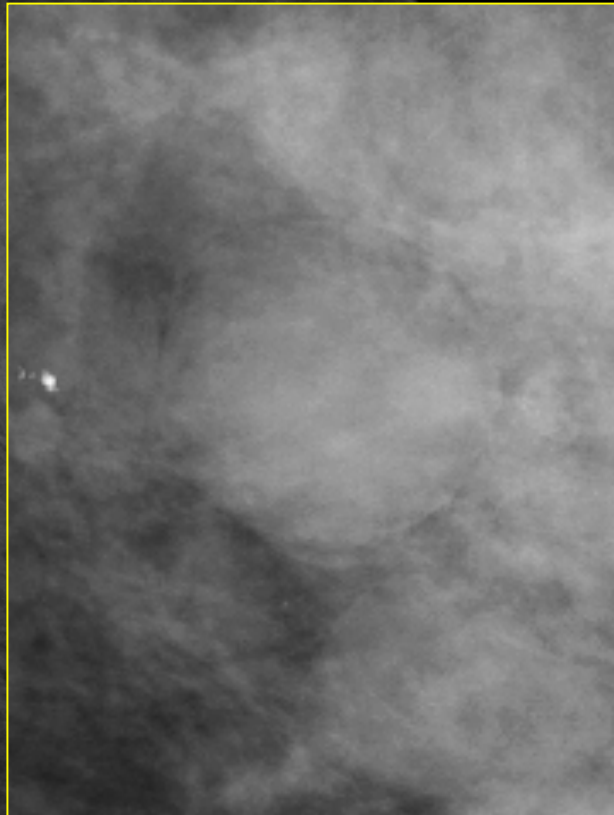
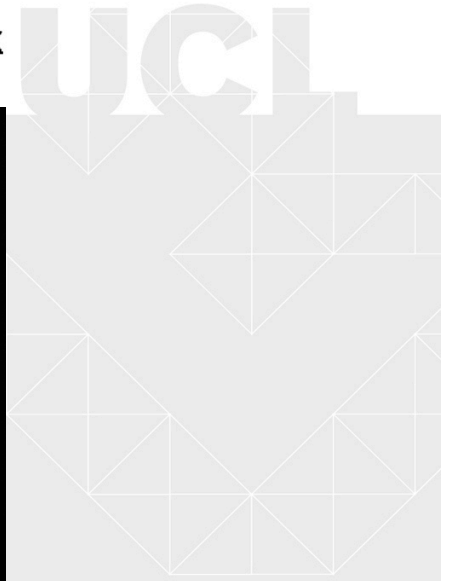
FFDM obl



SRM obl



SRM: findings



FFDM obl

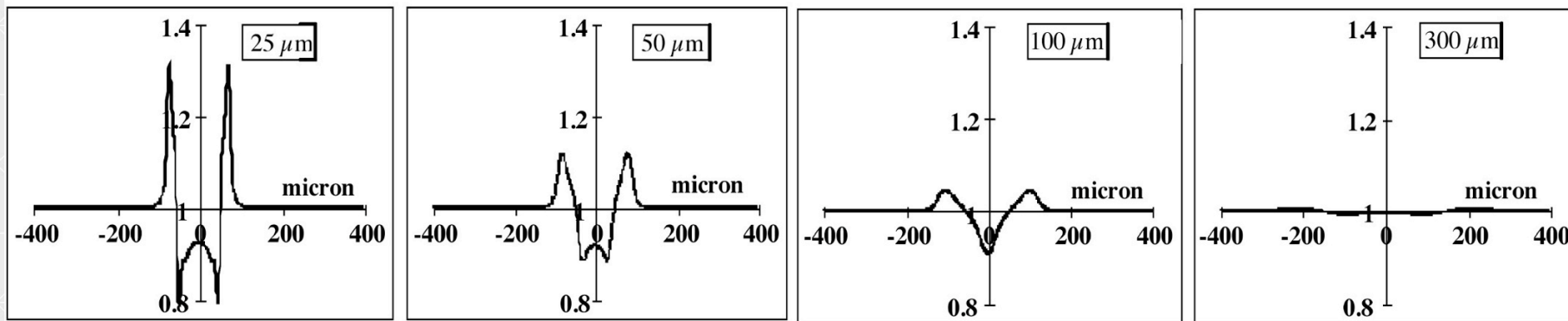
SRM obl





SO WHAT IS THE PROBLEM?

FSP suffer immensely when transferred to conventional sources:
the spread function discussed previously becomes too large and kills the signal.

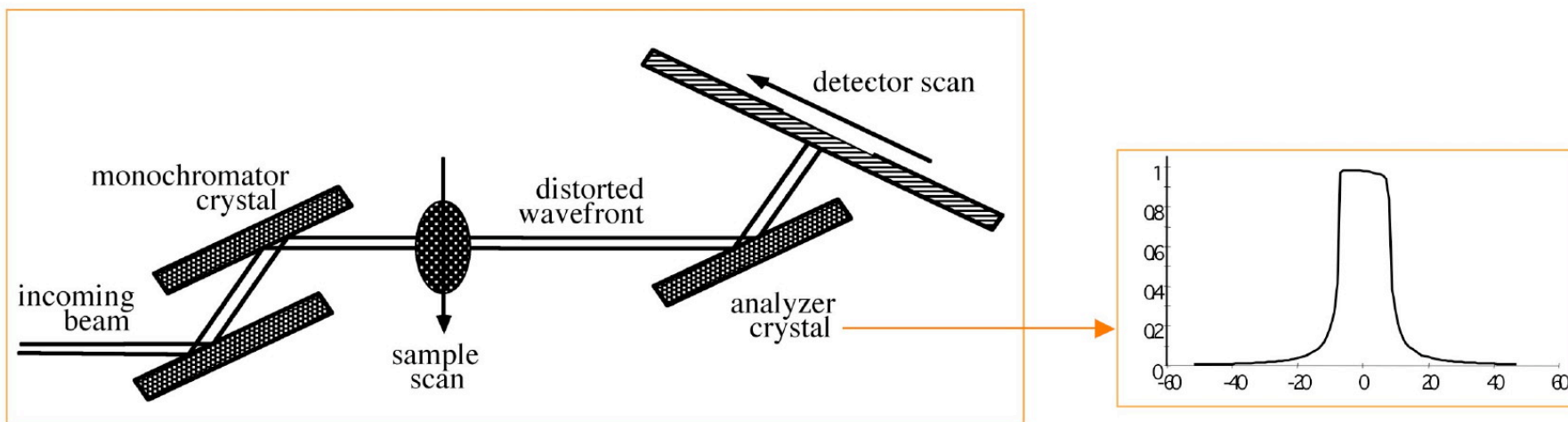


Moreover:

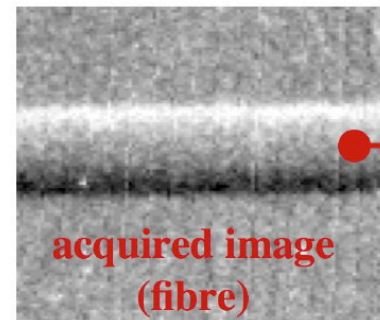
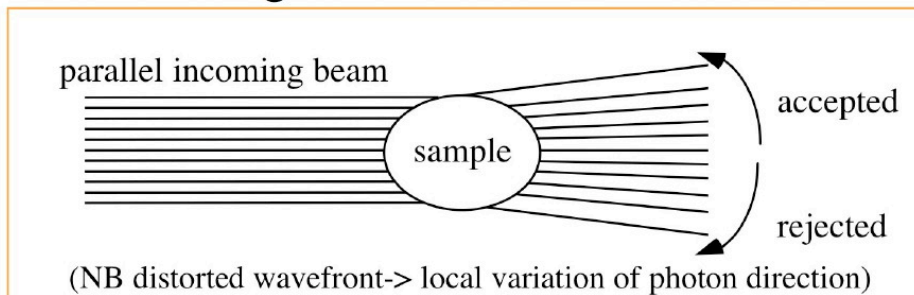
The system has little flexibility - only d_{sd} can be changed



Other methods to perform phase contrast imaging: “Analyzer Based Imaging”



a small misalignment makes it more sensitive:



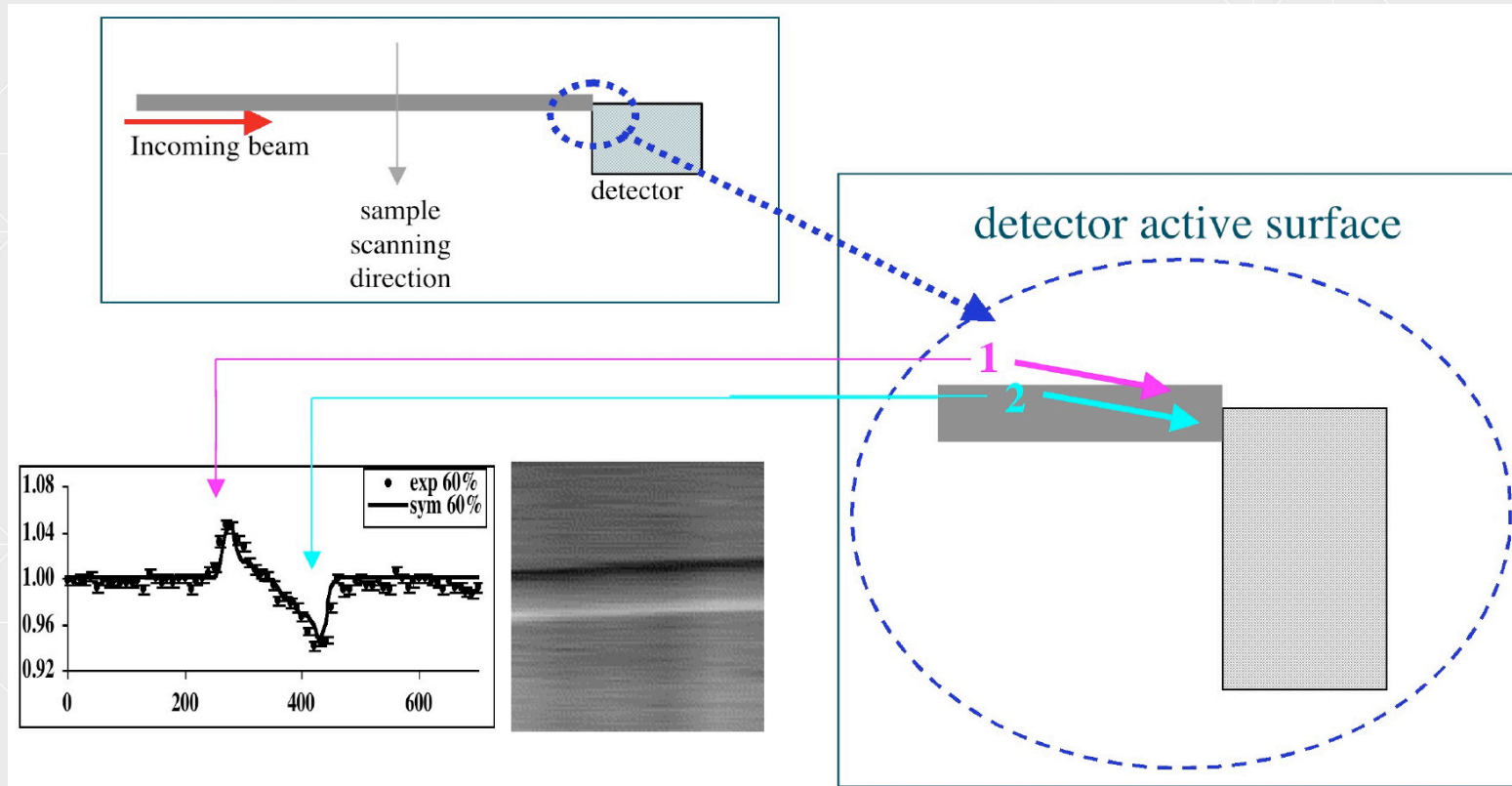
NOTE: NO ABSORPTION

acquired image (fibre)

Davis et al, Nature 373 (1995) 595-8; Ingal & Beliaevskaya, J. Phys. D 28 (1995) 2314-7, Chapman *et al*, Phys. Med. Biol. 42 (1997) 2015-25 - but even before that Forster 1980!



A different way to obtain a similar effect: The Edge Illumination Technique



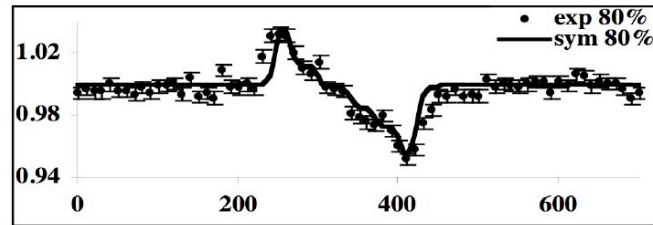
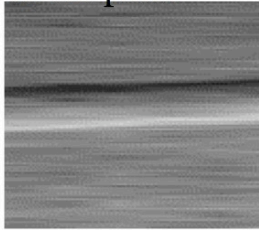
Provides results similar to ABI but opens the way to the use of **divergent** and **polychromatic beams**

Sensitivity vs. exposed pixel fraction:

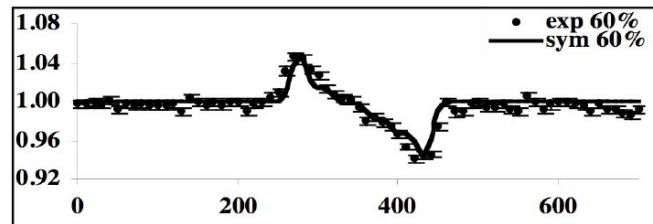
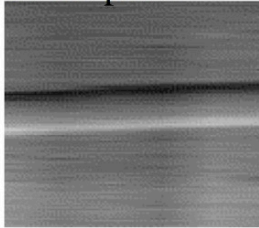


UCL

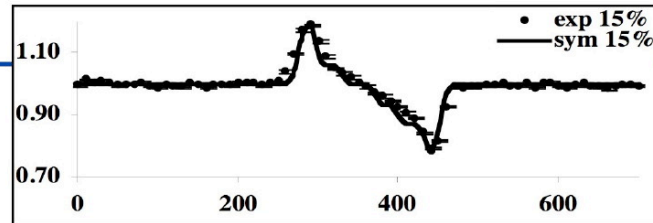
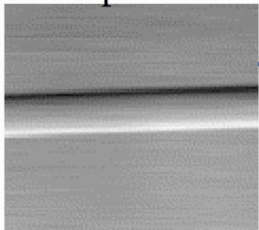
beam -> 80%
of the pixel



beam -> 60%
of the pixel



beam -> 15%
of the pixel



Increased sensitivity with
reduced beam thickness

**N.B. THE VERTICAL
SCALE IS NOT THE
SAME FOR THE
THREE PLOTS**

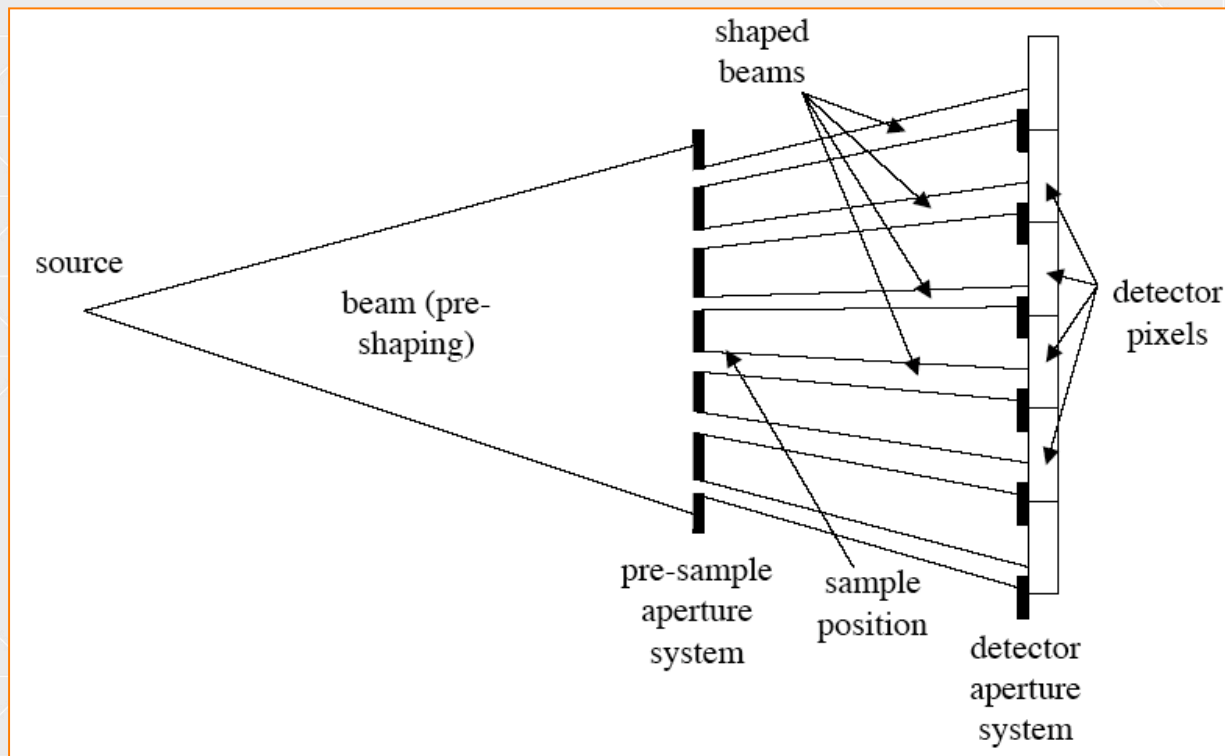
In fact the signal is equal to:

- ~ 8% (illumination 80%)
- ~ 12% (illumination 60%)
- ~ 40% (illumination 15%)

Important consequence on coded-aperture method: you can't calculate sensitivity as pitch/sample-to-detector distance as **it is not a single number**: it depends on the mask position (more later)



THE METHOD CAN THEN BE ADAPTED TO A DIVERGENT AND POLYCHROMATIC (=conventional) SOURCE



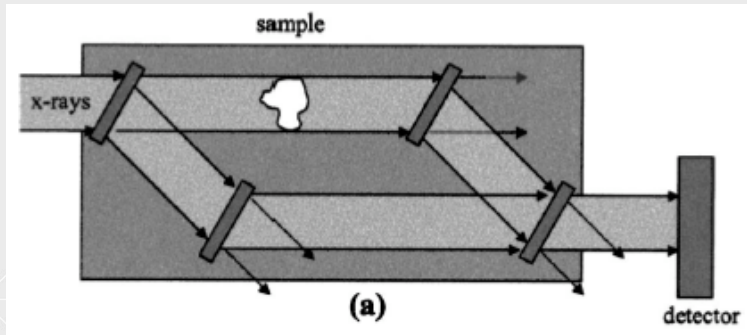
NB for those of you who are familiar with grating (or Talbot, or Talbot-Lau) interferometers **this isn't one!**



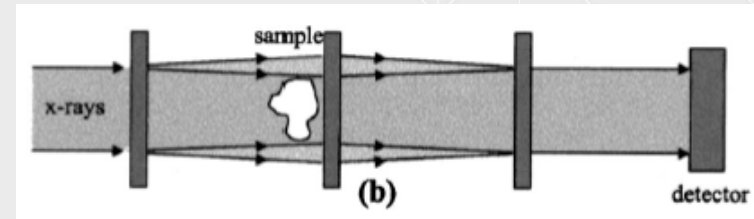


interlude:

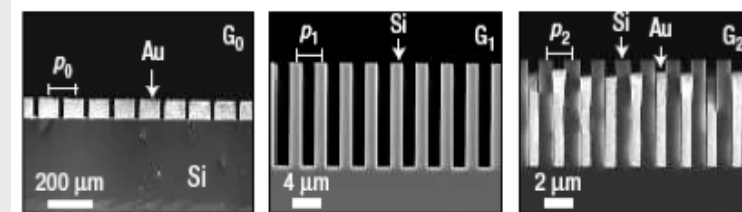
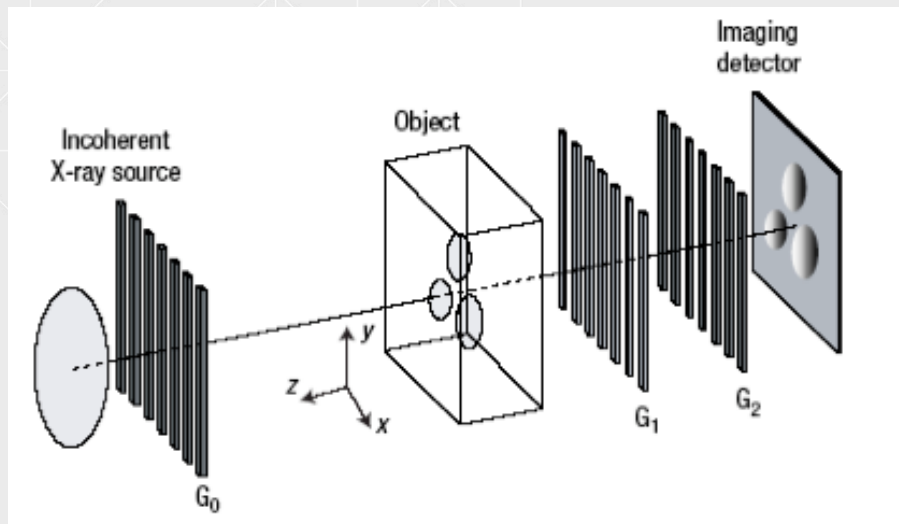
The TALBOT/LAU interferometer



The classic, "Bonse-Hart" interferometer



The shearing interferometer



The used gratings, obtained through microfabrication techniques

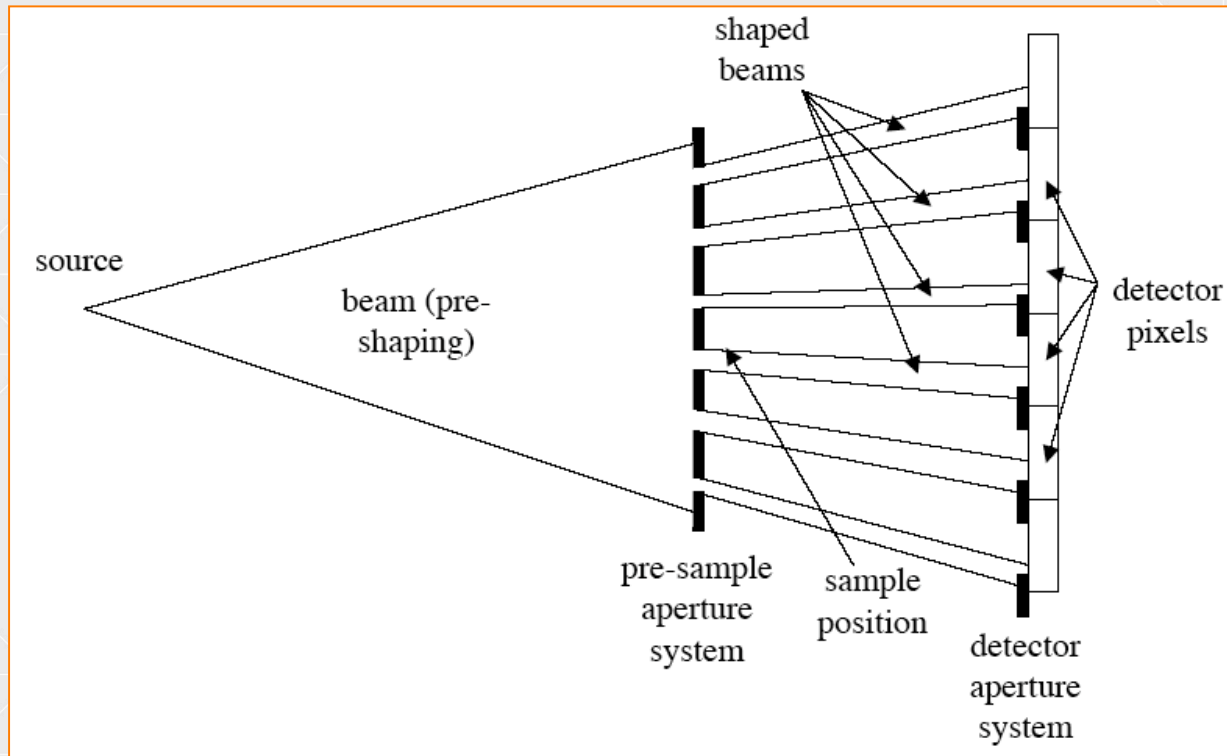


My concerns with the Talbot/Lau approach:

- exposure times are increased:
in particular by the limited angular acceptance of the gratings - let's not forget that the beam is divergent!
(let's leave aside the phase stepping "problem" for the moment)
- the technique does not work with fully polychromatic beams:
a maximum bandwidth ~5-10% can be tolerated -> the spectrum produced cannot be fully exploited
- the sensitivity to environmental vibrations is reduced with respect to crystal-based methods but not eliminated:
the detector grating has a 2 μm pitch -> required tolerance pitch/10 (Weitkamp *et al*, 2005),
plus phase stepping -> tens of nm (!) (Zambelli *et al*, 2010)
- dose is delivered inefficiently:
detector grating ->50% fill-factor, + absorption in Si (40% through 1x300 μm wafer, 60% through 2 wafers)
- the field of view is currently limited to ~6x6 cm^2
by the micro-fabrication process involved, which prevents the realization of larger gratings
- the technique is sensitive to phase effects in one direction only:
without featuring the flexibility of ABI

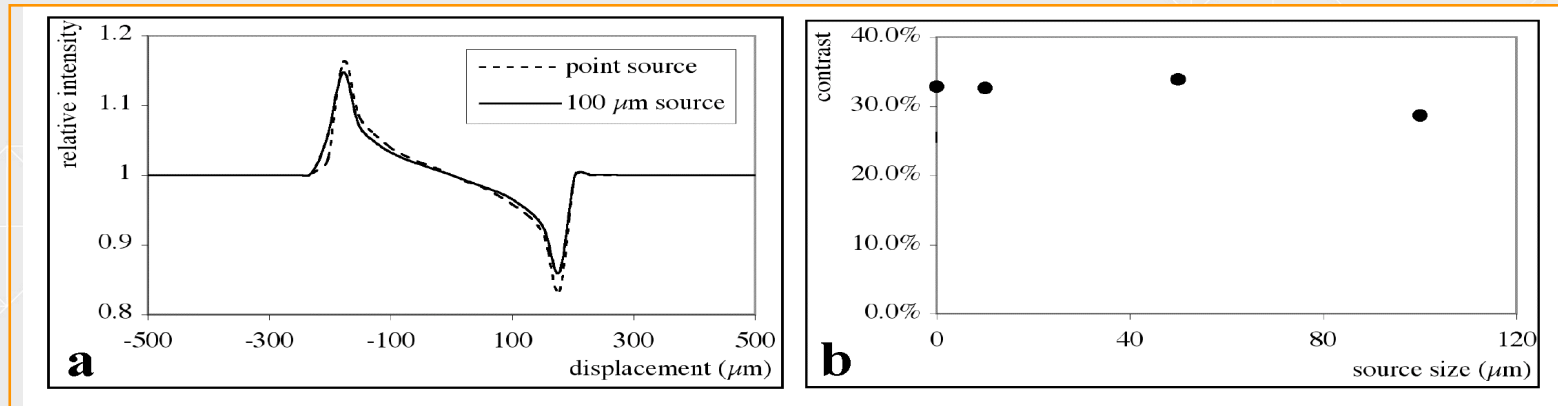


BACK TO EDGE ILLUMINATION





Little loss of signal intensity for source sizes up to 100 μm



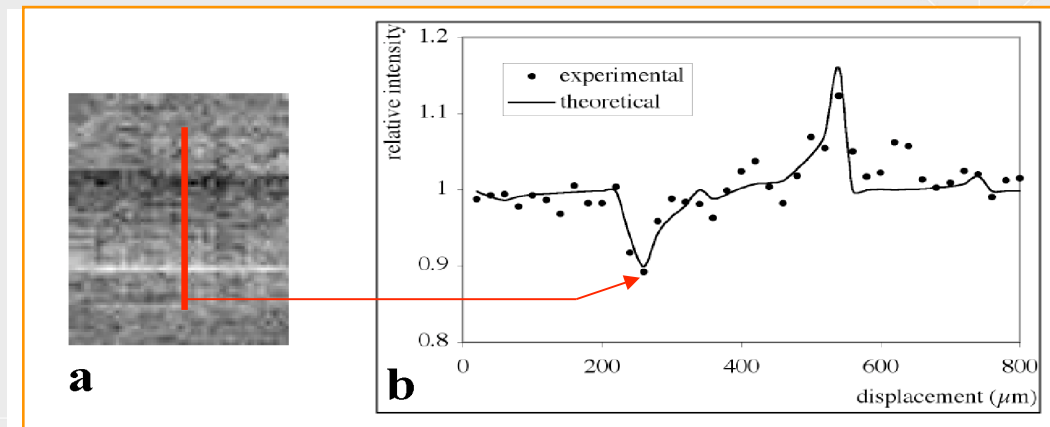
Which can be achieved with state-of-the-art mammo sources

Why?

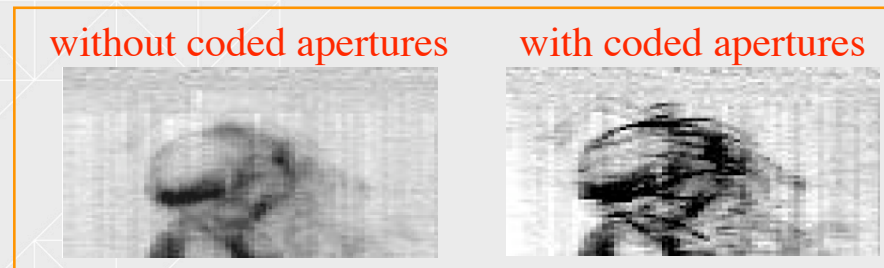
- 1) Because we are only relying on refraction, which survives under relaxed coherence conditions;
- 2) Because we are use aperture pitches matching the pixel size, i.e. BIG: the projected source size remains $<$ pitch, and therefore blurring does "not" occur



Proof-of-concept results



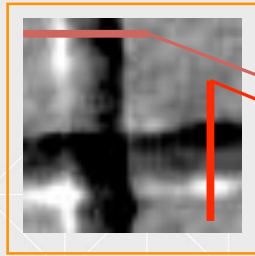
NB absorption contrast of the fibre $\sim 1\%$ \rightarrow 24-fold increase obtained, comparable with SR results. A $100 \mu\text{m}$ focal spot, divergent and polychromatic source was used.



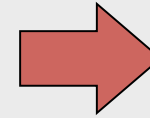
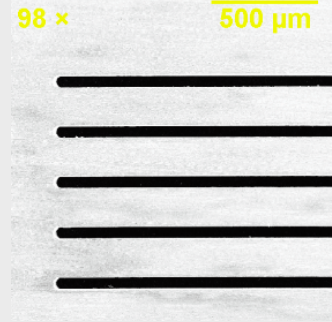
Coded-aperture XPCi can thus be done in a laboratory



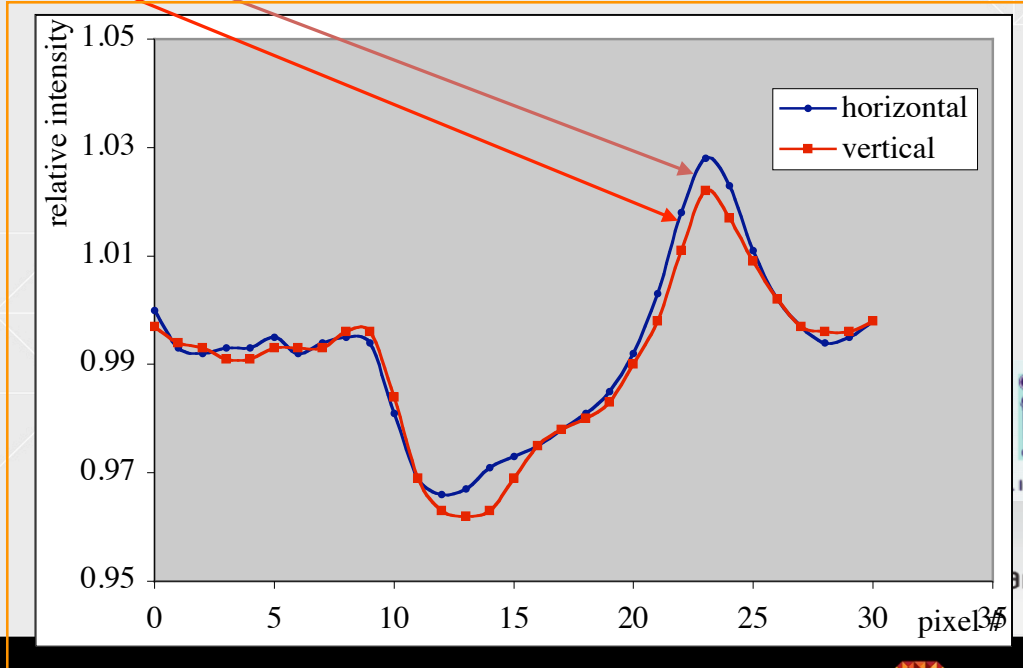
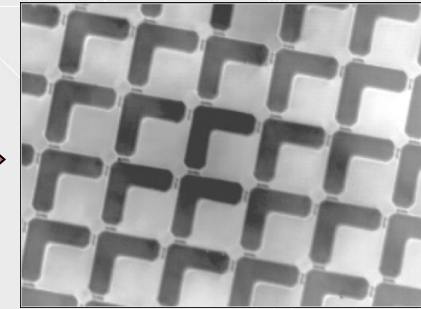
2D-sensitivity:



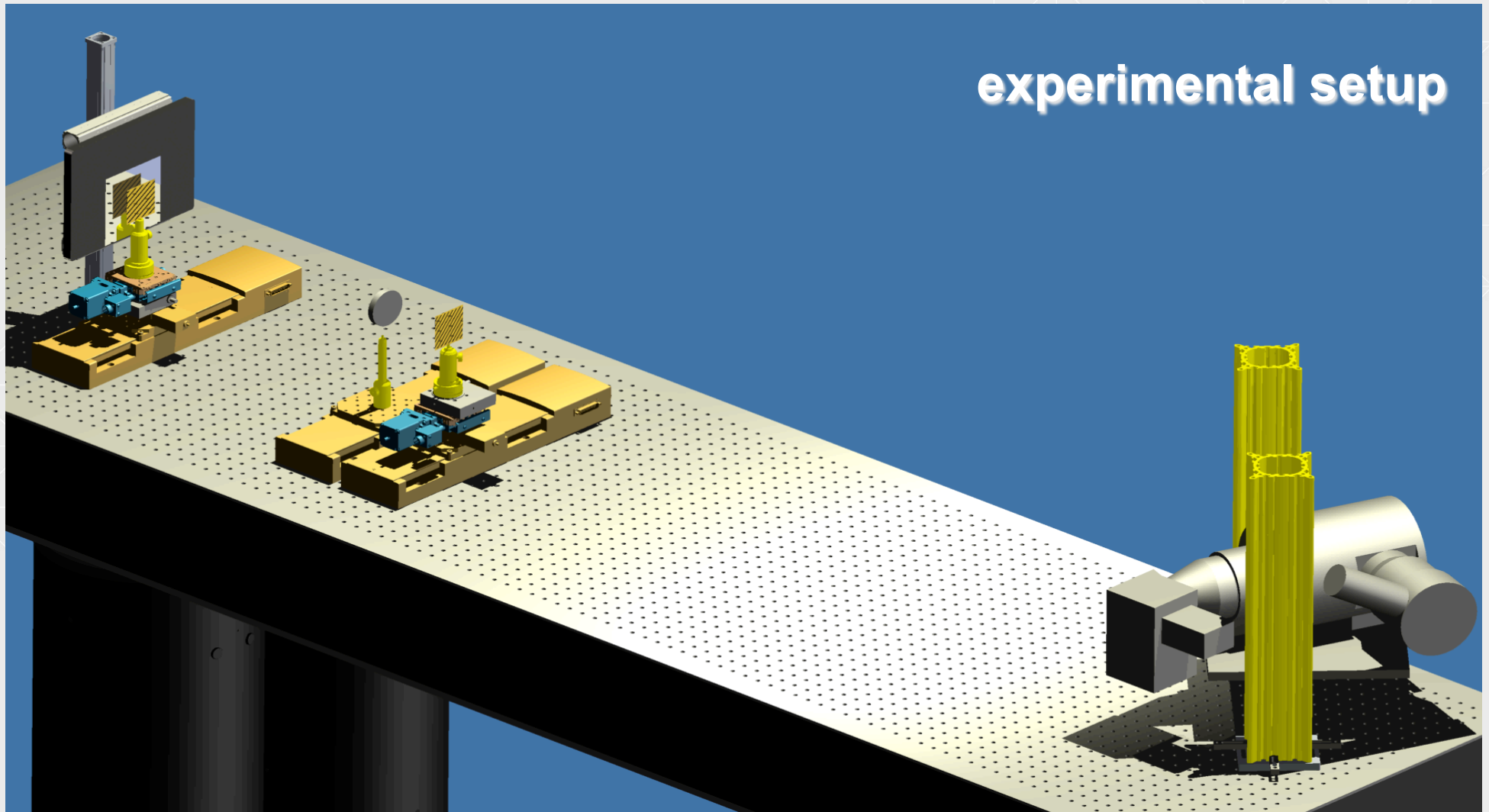
from:



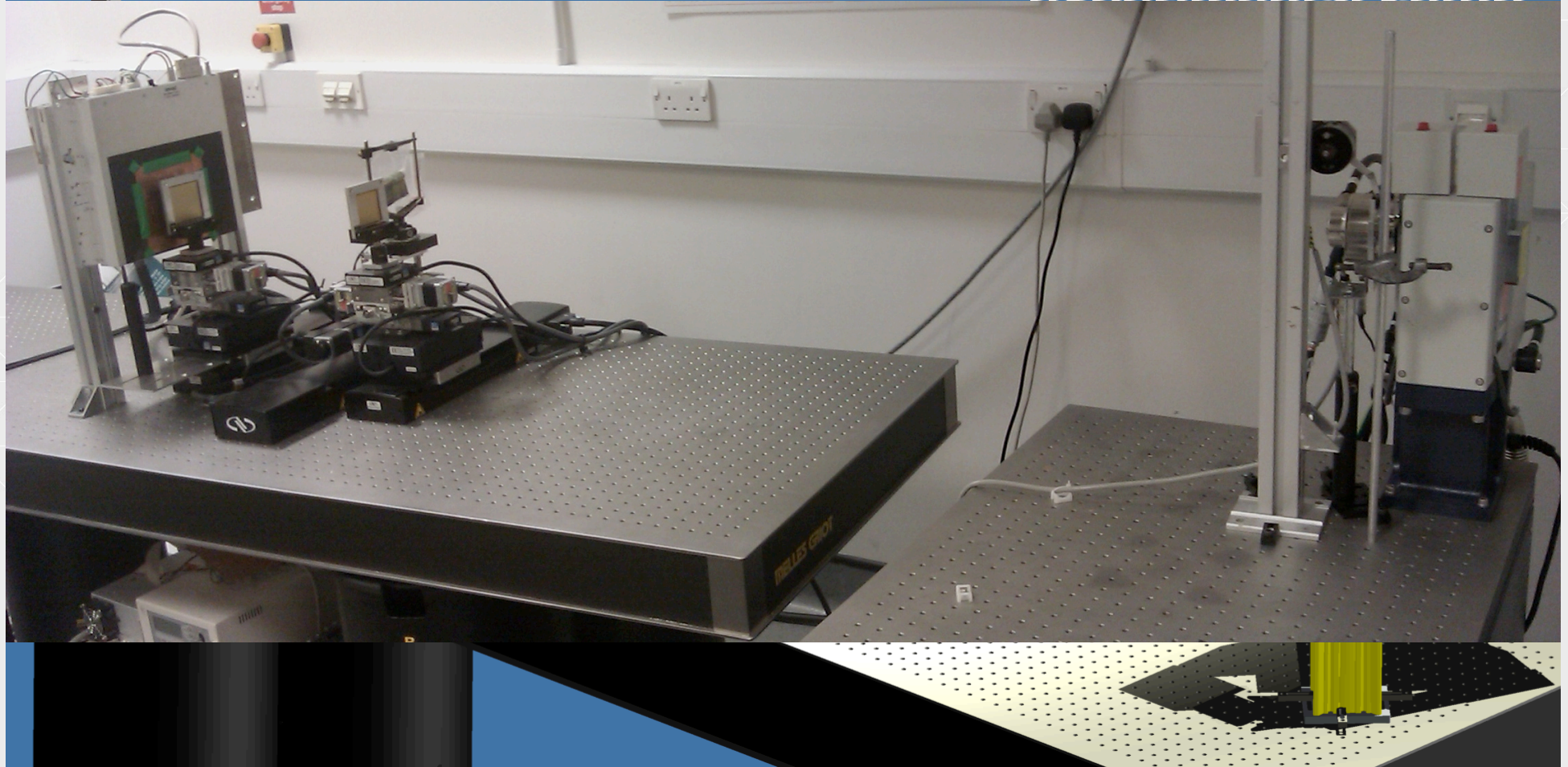
to



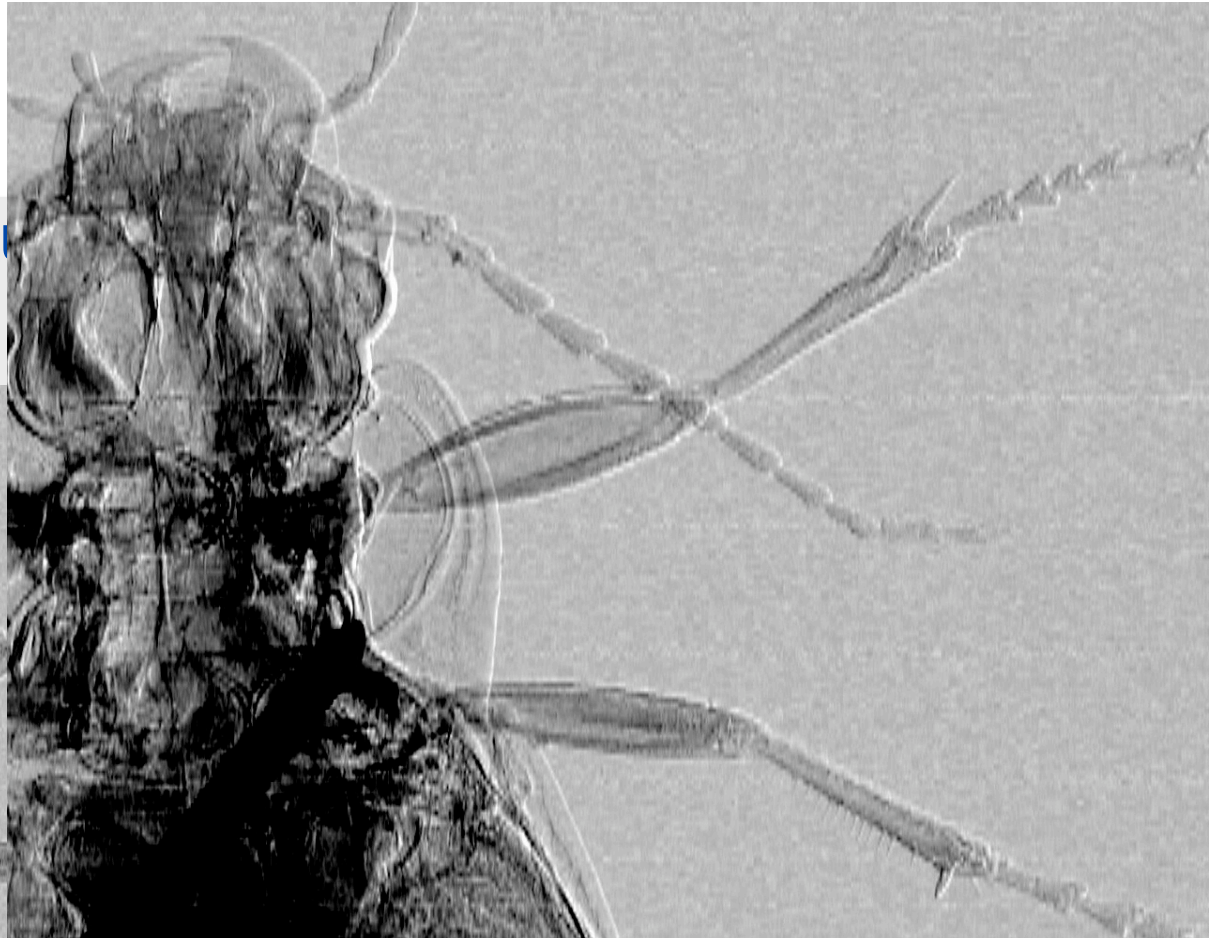
experimental setup



experimental setup



Preliminary results: the “use



Prelimir

RESEARCH HIGHLIGHTS

Selections from the scientific literature



APPLIED PHYSICS

Better X-ray vision

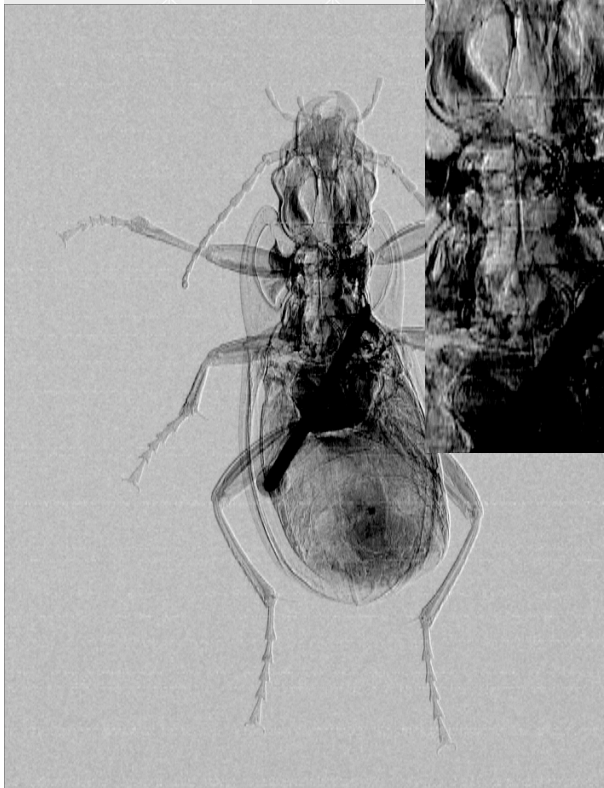
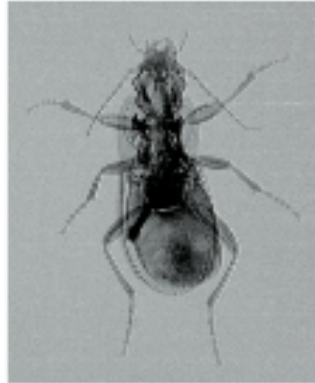
A new technique allows fainter features to be imaged by X-rays.

Conventional X-ray imaging relies on the absorption and scattering of X-ray photons by the object being imaged. But X-ray phase-contrast imaging instead detects changes in the photons' direction and velocity.

Alessandro Olivo and his colleagues at University College London used a conventional X-ray source outfitted with grating masks — one in front of the object for imaging and one behind it. The masks were offset slightly from one another so that they filtered out some of the photons, reducing background noise. The detector measures by how much photons have deviated from their path, capturing different image data from conventional X-ray imaging and boosting the visibility of fine detail.

The team used its technique to image biological specimens such as a beetle (pictured), as well as samples of interest for medical imaging, materials science and security inspection. *Appl. Optics* 50, 1765–1769 (2011)

A. OLIVO ET AL.



Nature 472 (2011) p. 392



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PHYSICS

Can You See Me Now?

A new x-ray technique may herald improved baggage screening and mammograms

X-rays can help reveal anything from bombs hidden in luggage to tumors in breasts, but some potentially vital clues might be too faint to capture with conventional methods. Now a new x-ray technique adapted from atom smashers could resolve more key details.

Conventional x-ray imaging works much like traditional photography, relying on the light—in this case, x-rays—that a target absorbs, transmits and scatters. To make out fine details, one typically needs a lot of x-rays, either over time, which can expose targets to damaging levels of radiation, or all at once from powerful sources such as circular particle accelerators, or synchrotrons, which are expensive.

Instead physicist Alex-

sandro Olivo of University College London and his colleagues suggest imaging an object by looking for very small deviations in an x-ray's direction as it moves through that object. Their idea is to take such x-ray phase-contrast imaging, which has been used in synchrotrons for more than 15 years, and use it with conventional x-rays.

The scientists rig conventional x-ray sources with gold gratings that are 100 microns or so thick—one in front of a target and one behind it. The holes on one grating do not line up exactly with the holes on the other, meaning x-rays that passed in straight lines through the first grating would get filtered out by the second, lowering background noise. The detector then analyzes only the

photons that deviated in direction as they passed through the object. This can lead to at least 10 times greater contrast than conventional imaging—"all details are more clearly visible, and details classically considered very hard to detect become detectable," Olivo says of findings reported recently in *Applied Optics*. Whereas bombs are usually visible in conventional x-ray imaging, they can be confused with other materials such as plastics or liquids. The scientists are now pushing imaging sensitivity even further with new grating designs and are working on 3-D scanning techniques by coming at the target from multiple angles.

This system can generate images in just seconds, far quicker than other x-ray phase-contrast techniques, which cannot exert as much power during scanning and thus require minutes, says radiation physicist David Bradley of the University of Surrey in England, who did not take part in this study. But it remains unclear if this system could work fast enough for security scanning, says materials scientist Philip Withers of the University of Manchester in England. Withers does think the technology could lead to better medical imaging, as well as improvements in detecting defects in materials used in aerospace work.

—Charles Q. Choi

Olivo's x-ray of a chive plant



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SPECIAL ISSUE

SCIENTIFIC AMERICAN

September 2011



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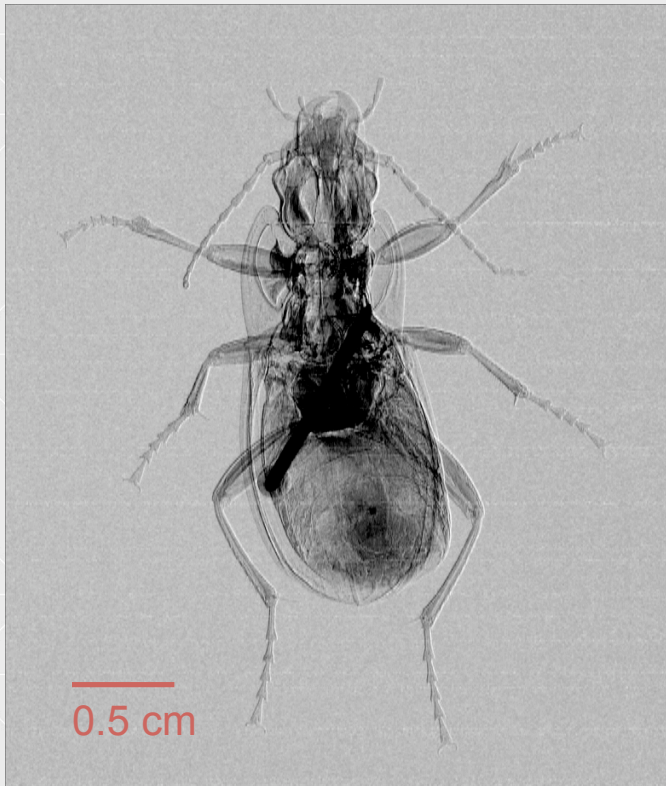


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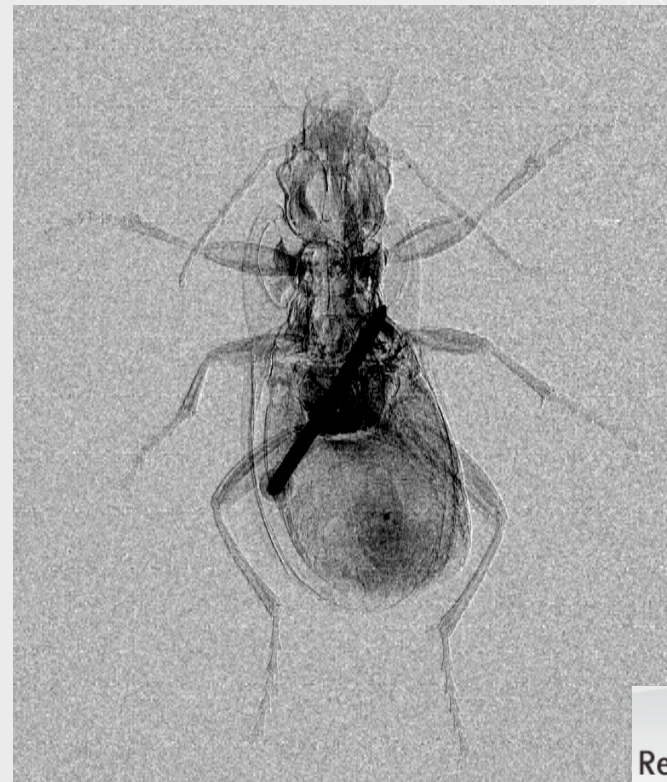
Scientific American 305 (2011) p. 14

How fast does “faster” mean?

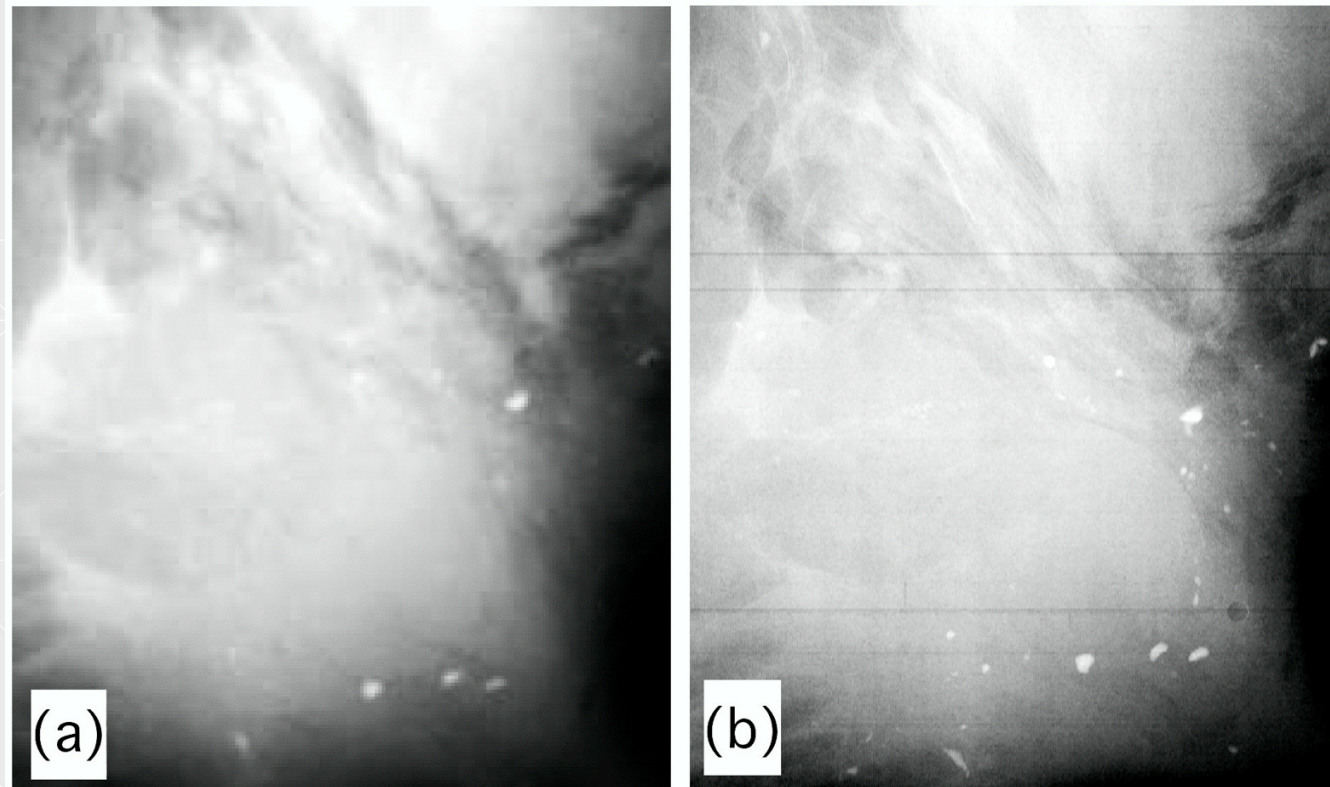
~ 1' exposure



6s exposure



Preliminary results - mammo



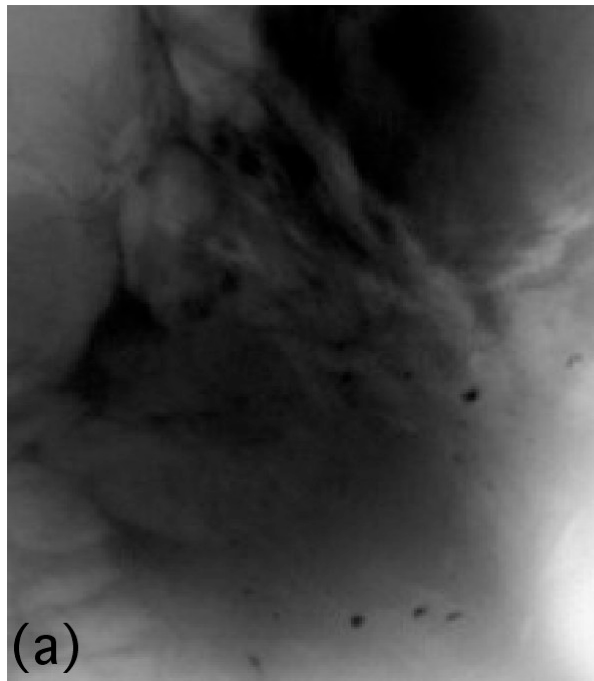
(a): GE senographe Essential ADS 54.11; 25 kVp, 26 mAs

(b): coded-aperture XPCi, 40 kVp, 25 mA – **ENTRANCE** dose 7 mGy (< mammo!)

It has to be said the tissue was 2.5 cm thick -> we expect ~ same dose for thicker tissues

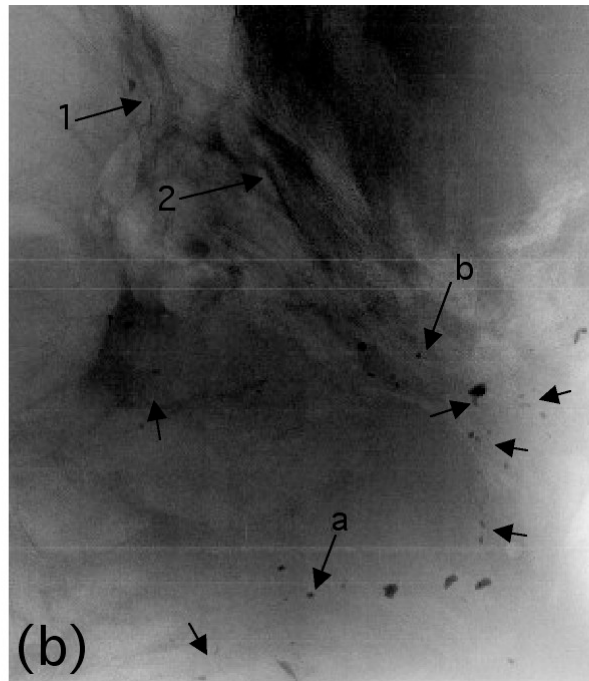


Preliminary results - mammo



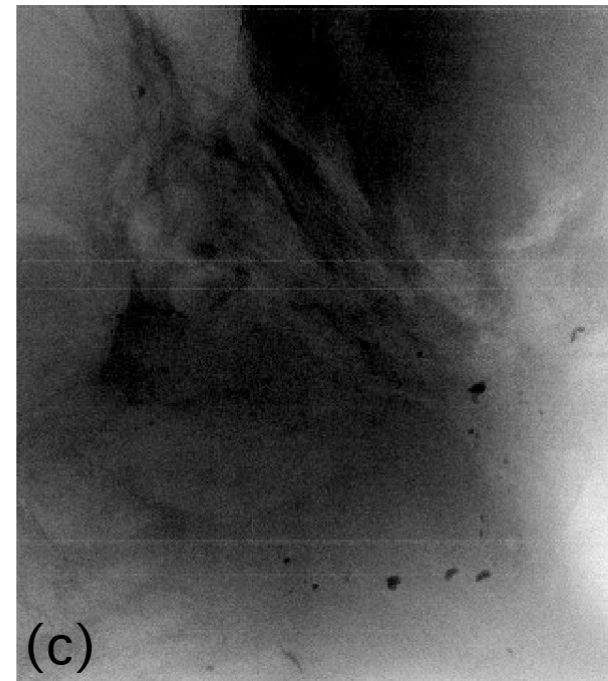
(a)

1.5 mGy
(conventional)



(b)

3 mGy
(XPCi)



(c)

0.7 mGy
(XPCi)



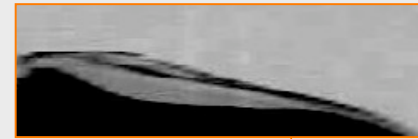
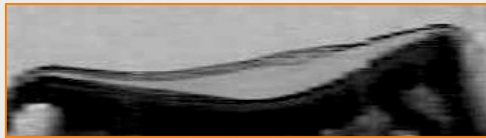
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Preliminary results - cartilage imaging

Rat cartilage, $\sim 100 \mu\text{m}$ thick, invisible to conventional x-rays



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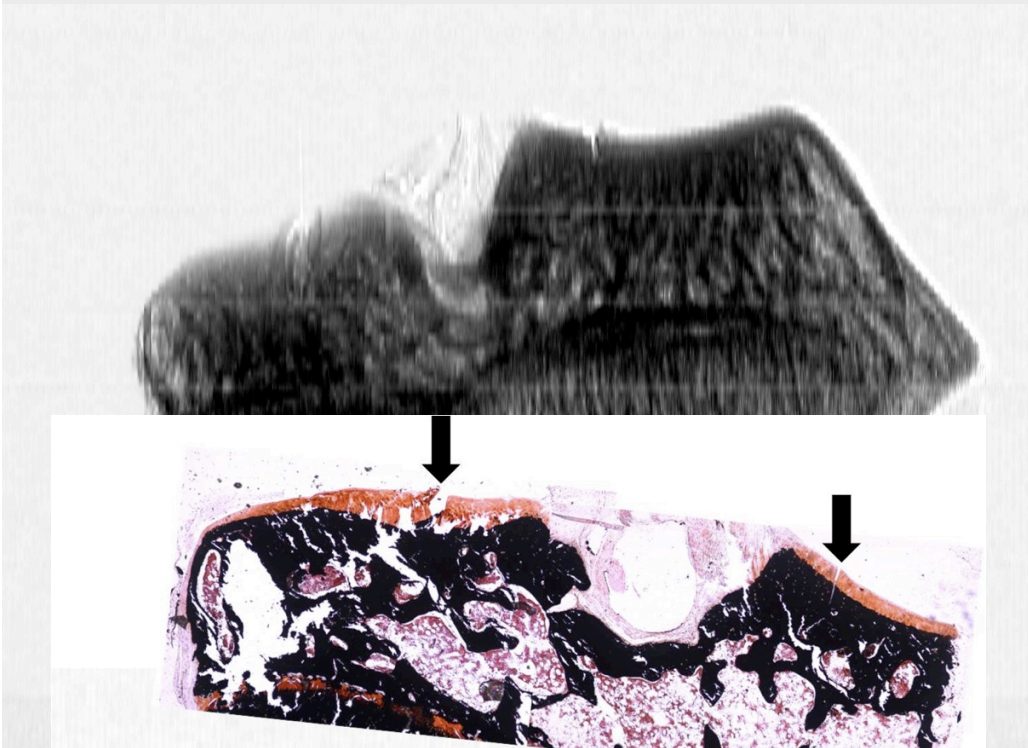




Preliminary results - cartilage imaging

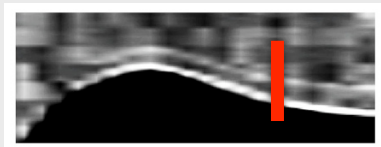
XPCi

Abs

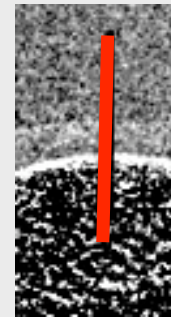


Cartilage in water:

Tells us a lot about CAXPCi vs Talbot/Lau sensitivity:

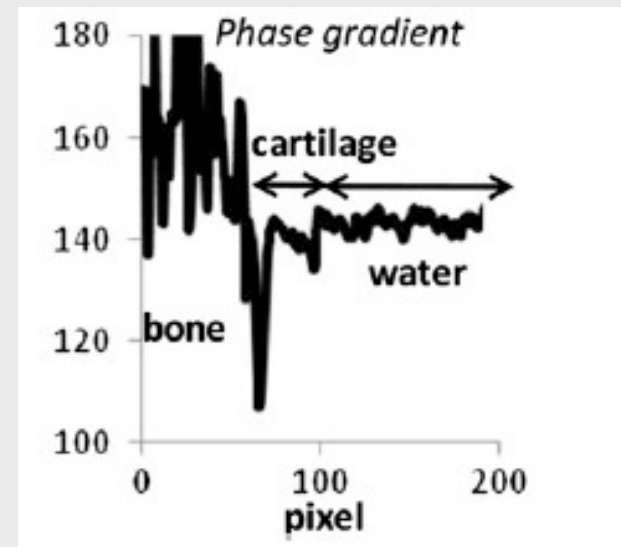
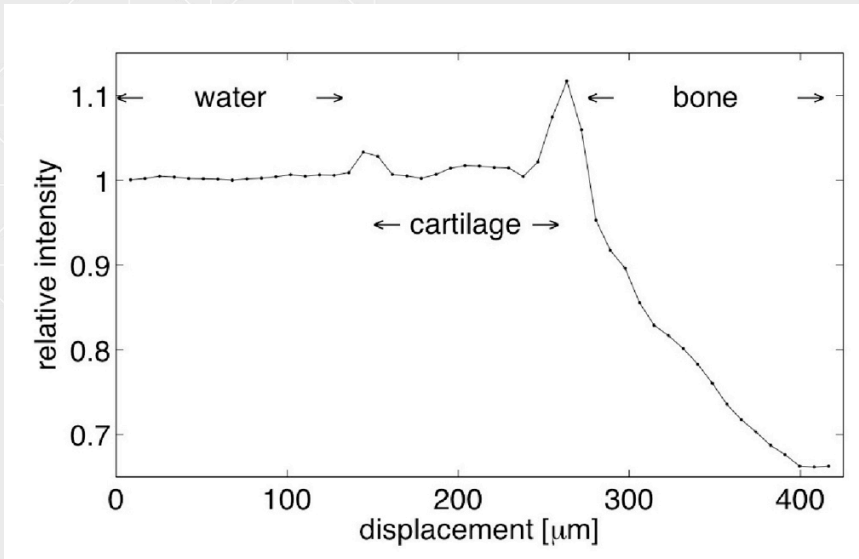


**CAXPCi
(RAT cartilage)**



**TALBOT/LAU
(PORK cartilage)**

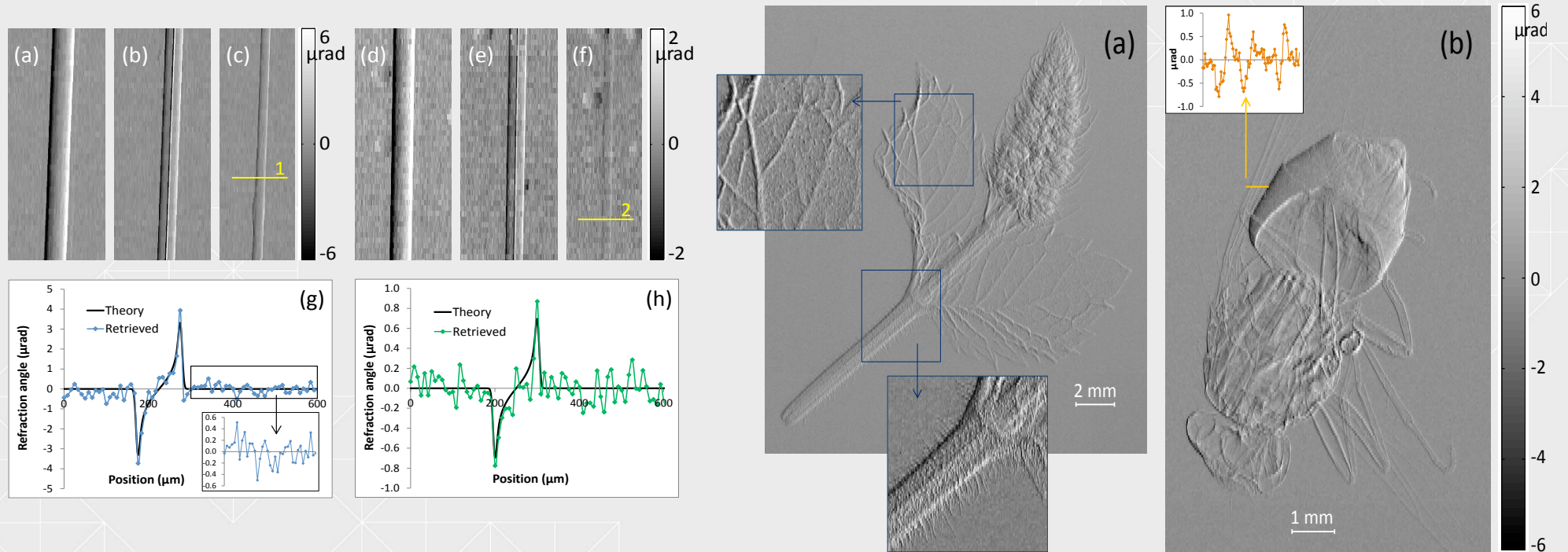
from Stutman *et al*, Phys. Med. Biol. 56 (2011) 5697-720



- SAME signal (despite thicker cartilage for T/L);

- on **3rd** Talbot order (cartilage in water invisible on 1st order)

More on the sensitivity of the lab system:

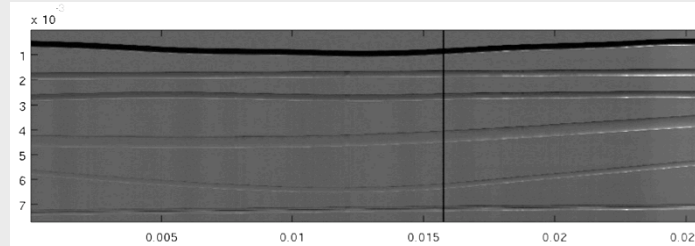


$$\Delta\theta_{x,eff} = \frac{1}{z_{od}} R^{-1} \left(\frac{I_{obj,+}}{I_{obj,-}} \right) \longrightarrow \sigma(\Delta\theta_{x,eff}); \frac{\sqrt{C(x_{e,+})}}{z_{od} \sqrt{2TI_0} [\rho_{ref,n}(x_{e,+}) - \rho_{ref,n}(x_{e,+} + d)]}$$

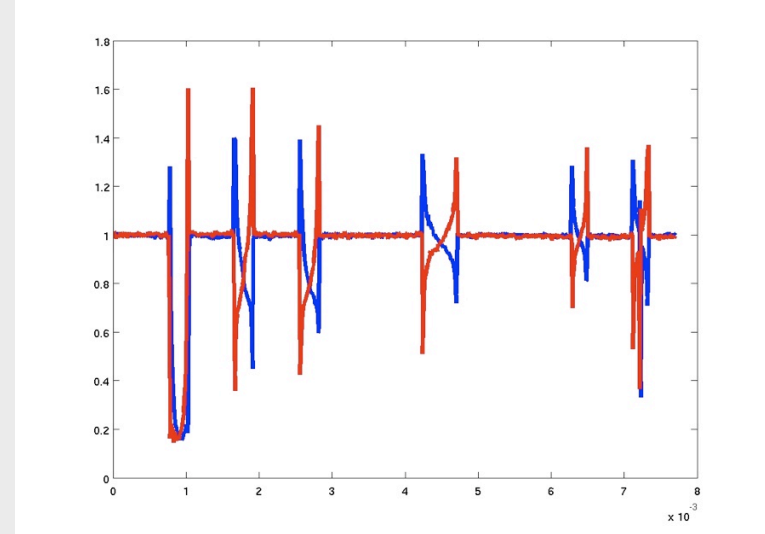
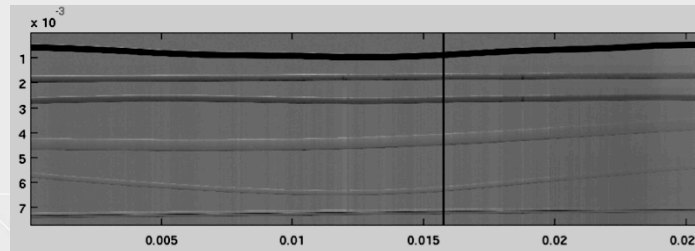
This gives a phase sensitivity of ~ 270 nRad, with only 2 images x 7s exposure each; same as reported by Thuring (Stampanoni's group) for GI. Revol reported a sensitivity of about 110 nRad but with 12 x 7s frames – as one can expect the value to scale with sqrt(exp time), that also fits.

Quantitative phase contrast imaging

“SLOPE -”



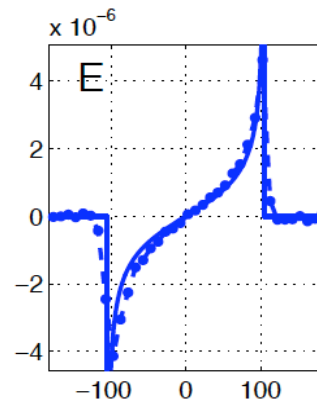
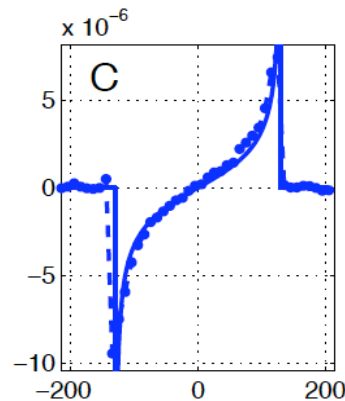
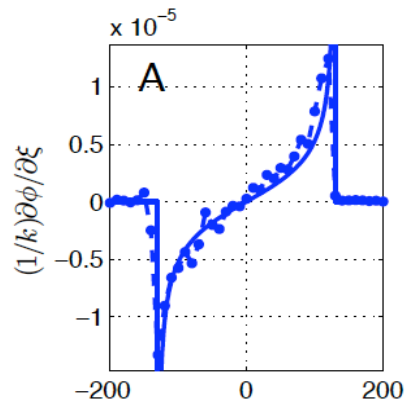
“SLOPE +”



Titanium

Aluminum

PEEK



Highly precise retrieval, for both high and low Z materials, up to high gradients where other methods break down

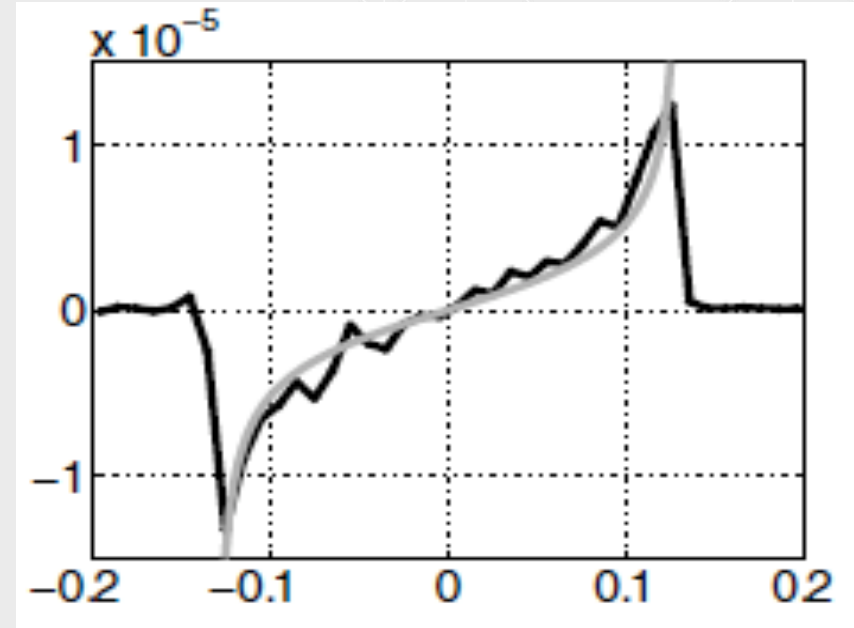
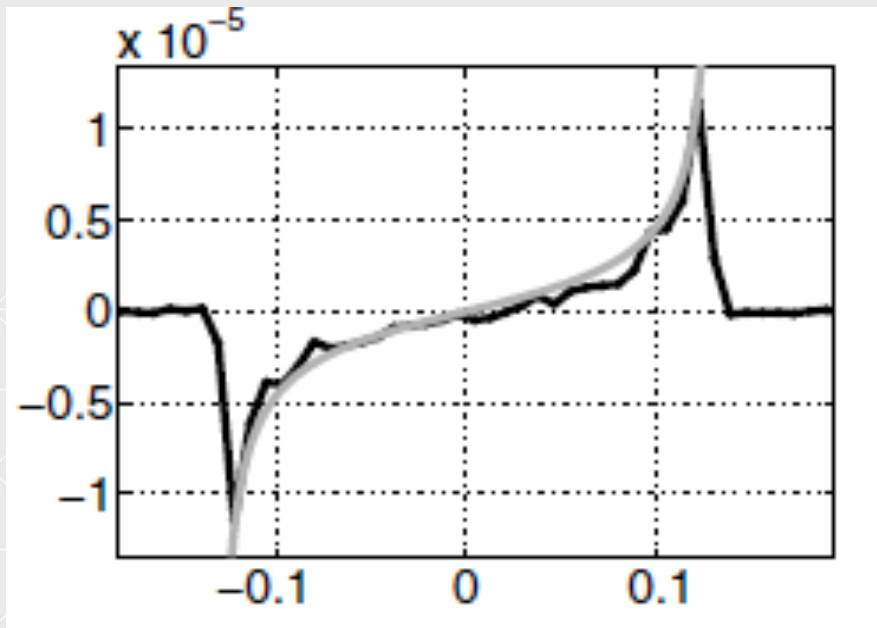
Phase retrieval with synchrotron and conventional sources:



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Ti filament: retrieved @ synchrotron

and with conventional source!



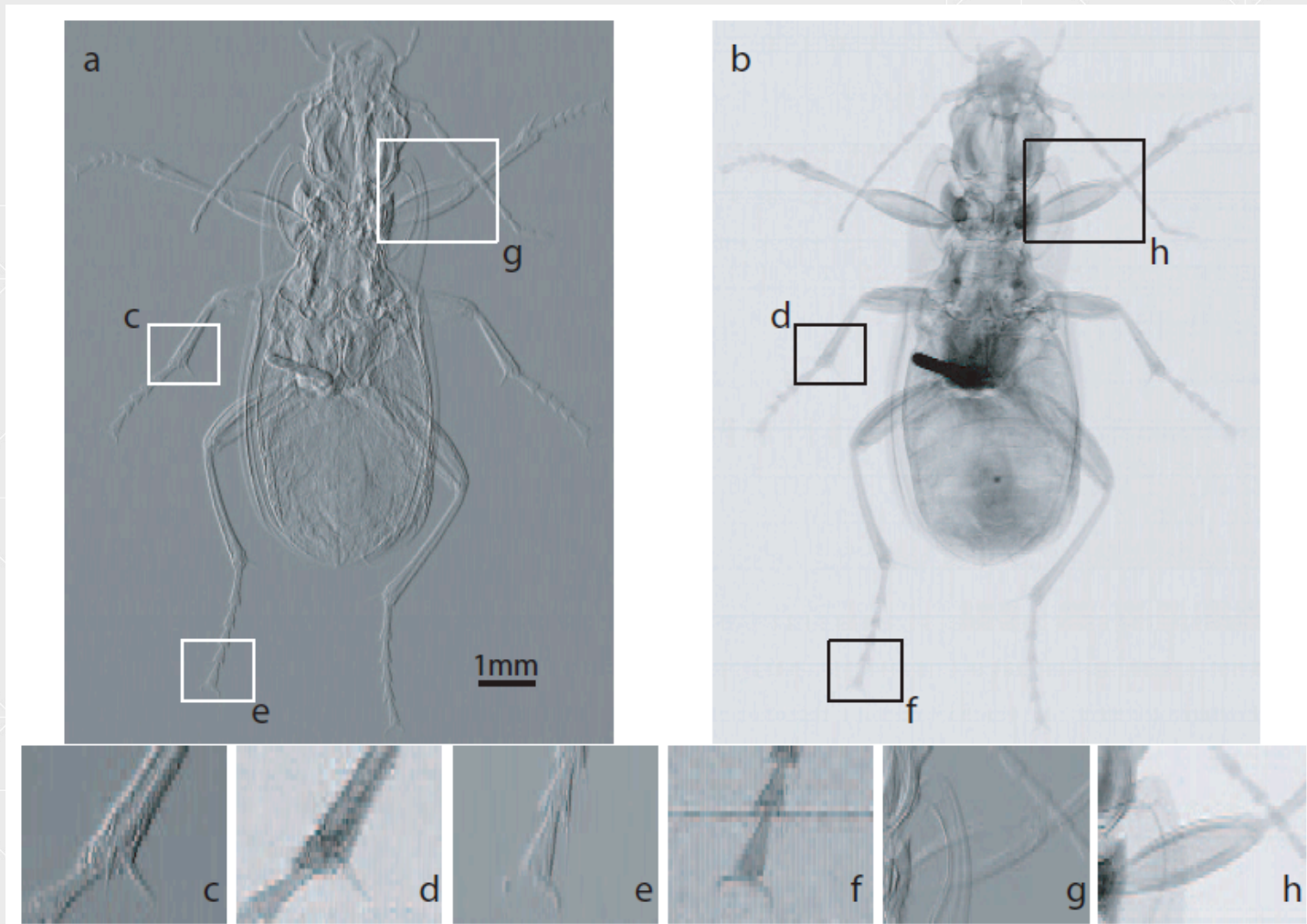
@ conventional source: incoherence modelled as beam spreading – the movement of the “spread” beam is then tracked and referred back to the phase shift that caused it.

But with lots of care as far as “effective energy” is concerned!

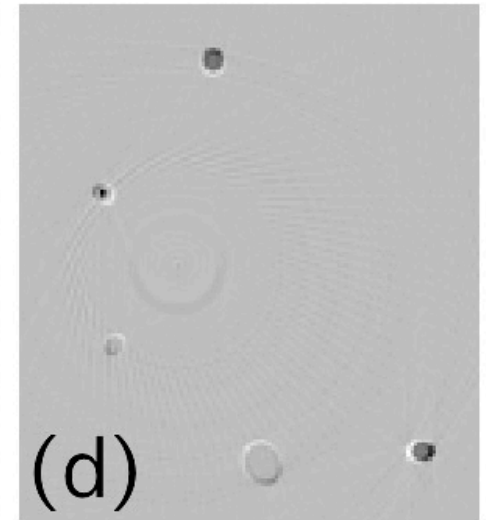
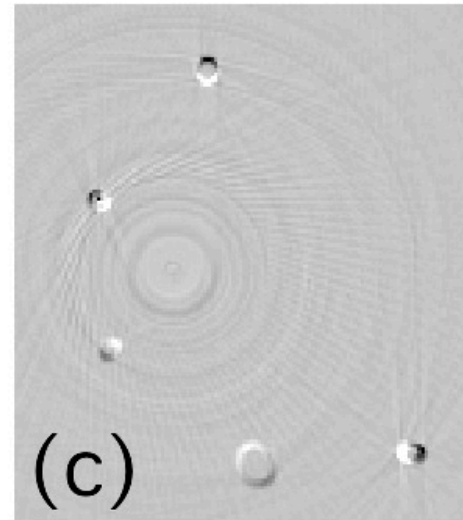
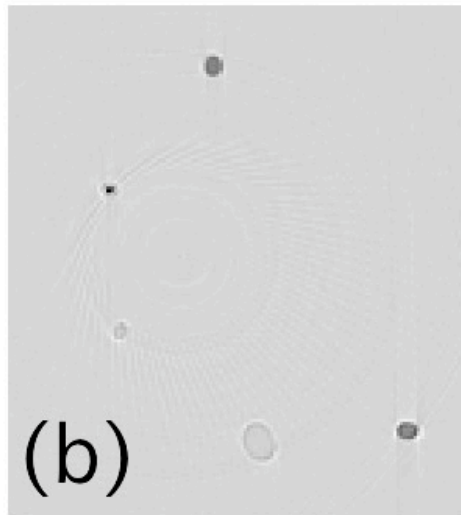
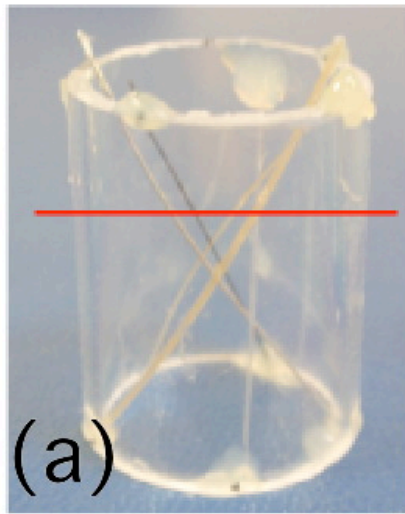
(See Munro & Olivo Phys. Rev. A **87** (2013) 053838)



Quantitative phase contrast imaging



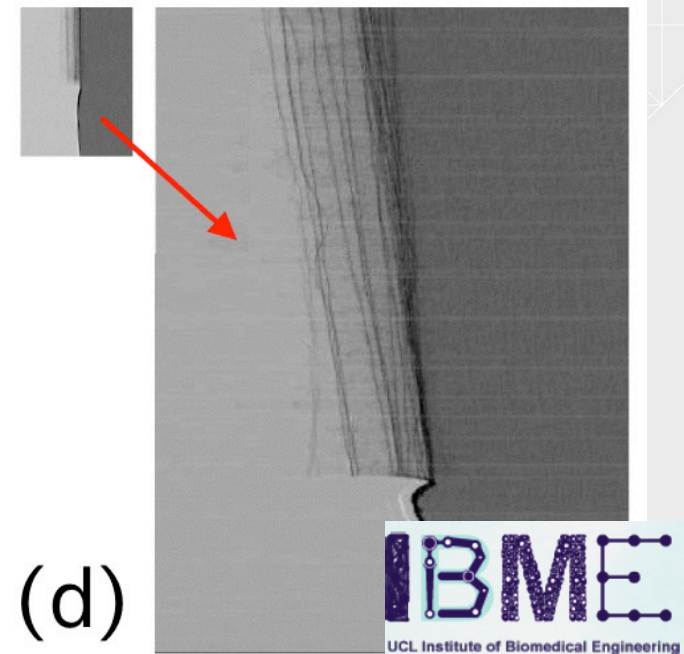
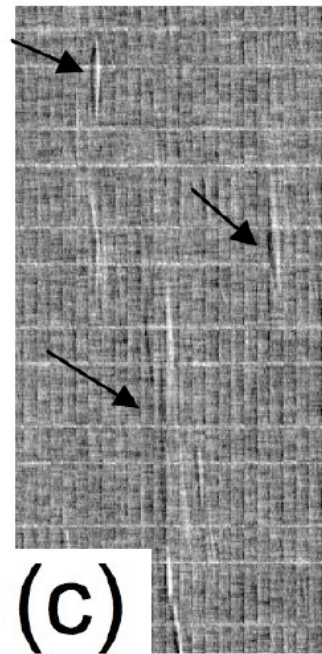
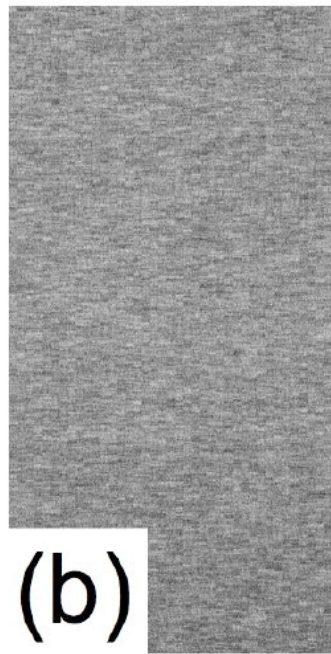
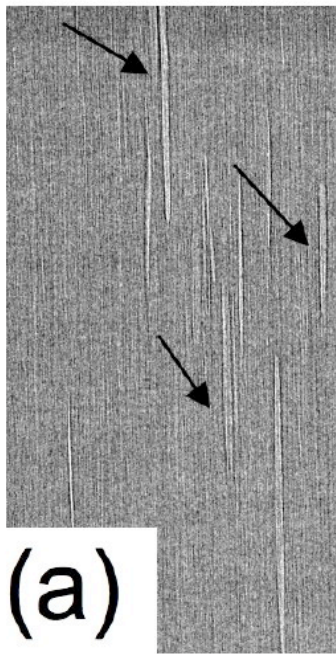
Quantitation -> CT is possible



- a) phantom
- b) absorption
- c) $\vec{\nabla}\Phi$ (integrated version also available)
- d) “mixed” (see Diemoz et al Opt. Exp. 19 (2011) 1691-8)



Non-medical applications 1: testing of composite materials

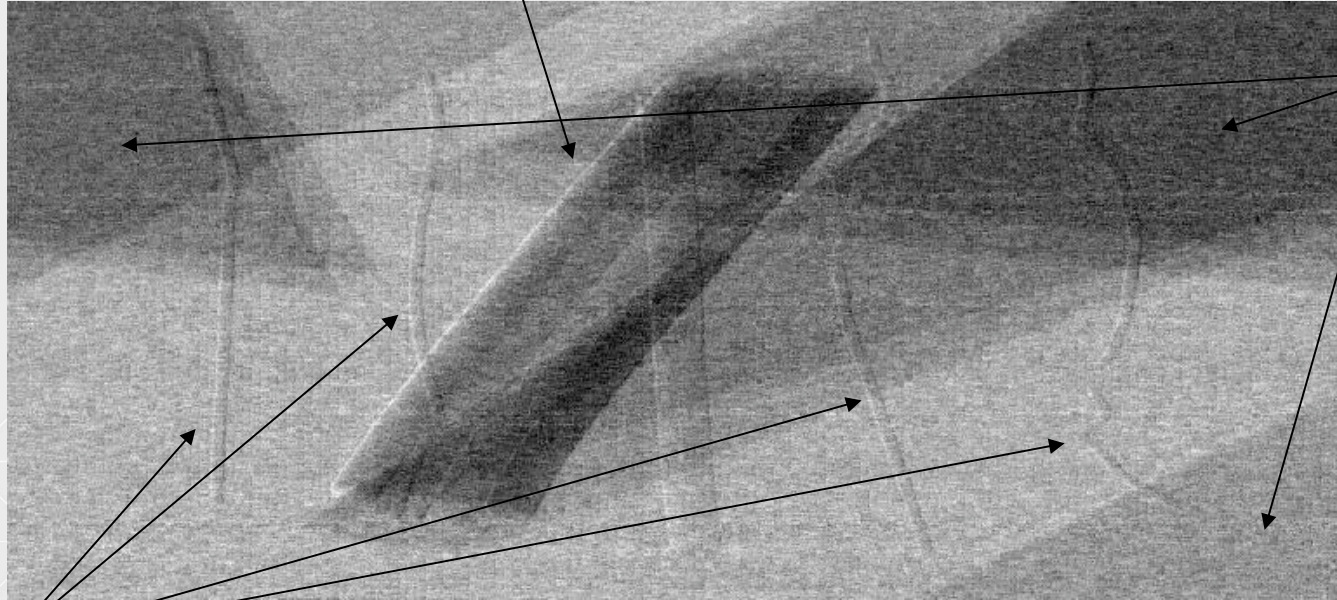


Non-medical applications 2: security scans

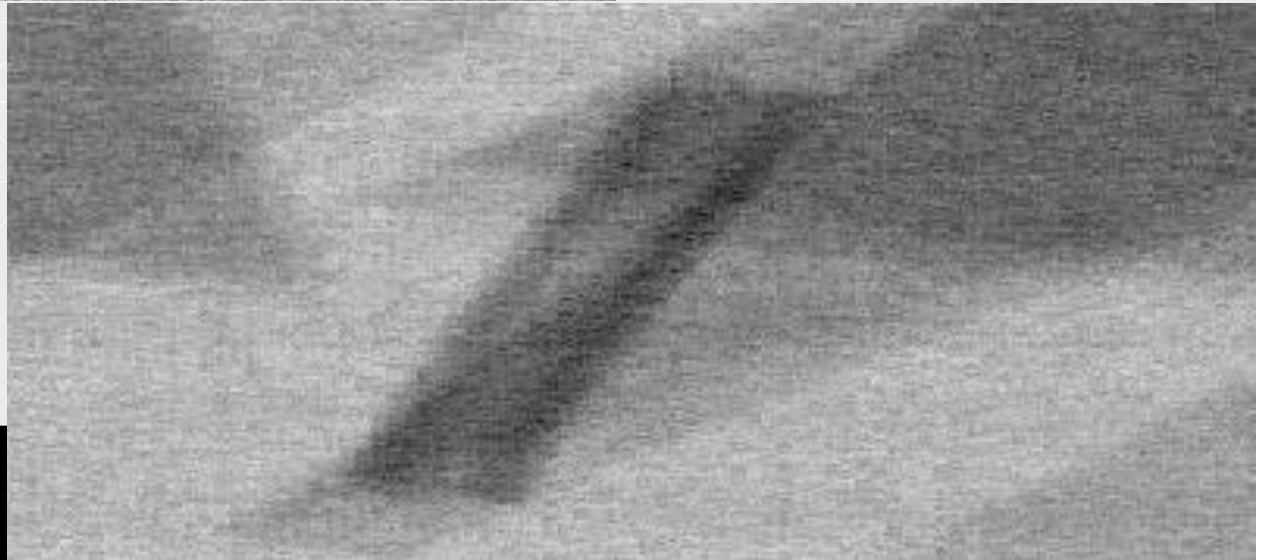


the "explosive"

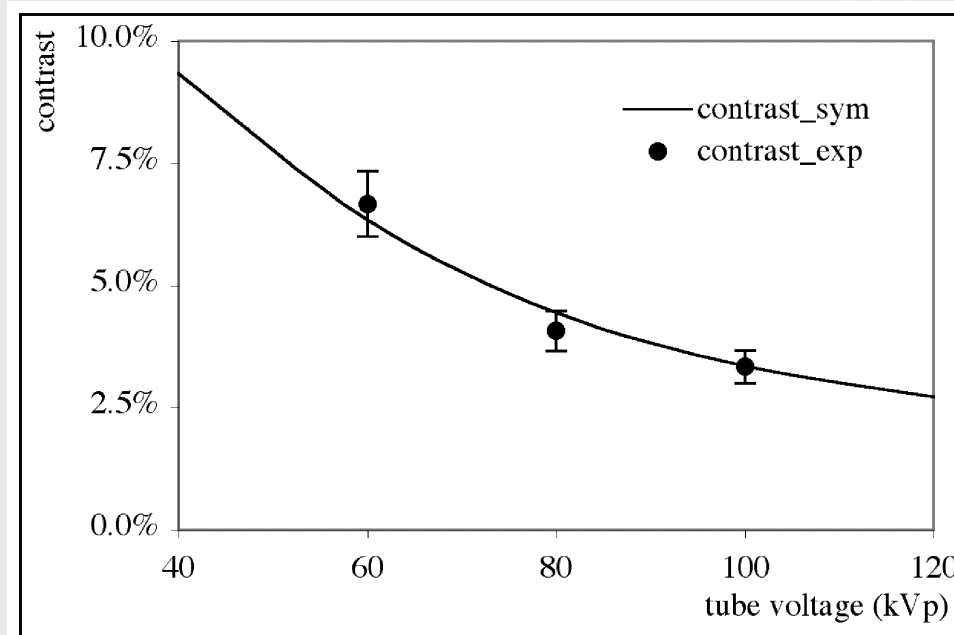
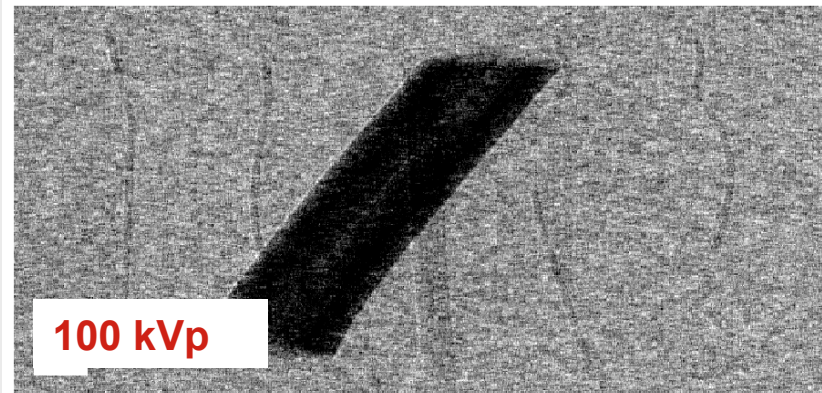
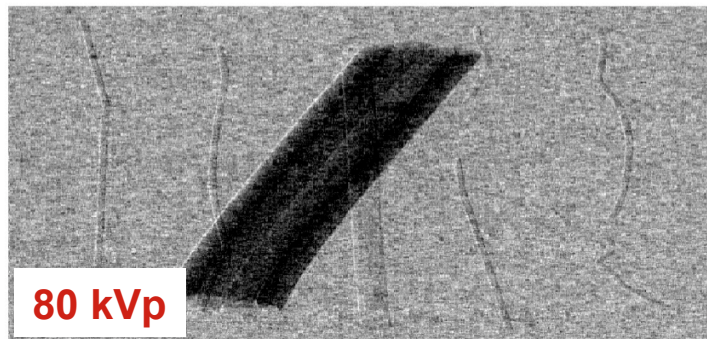
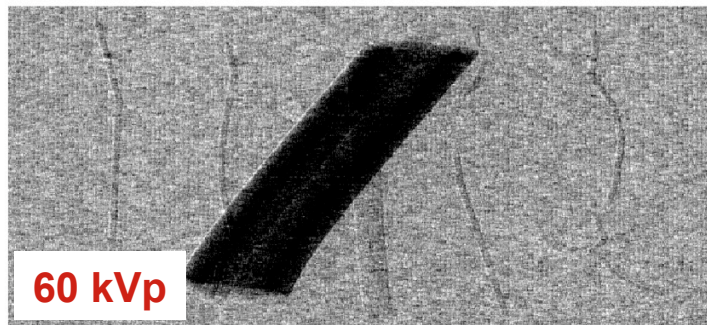
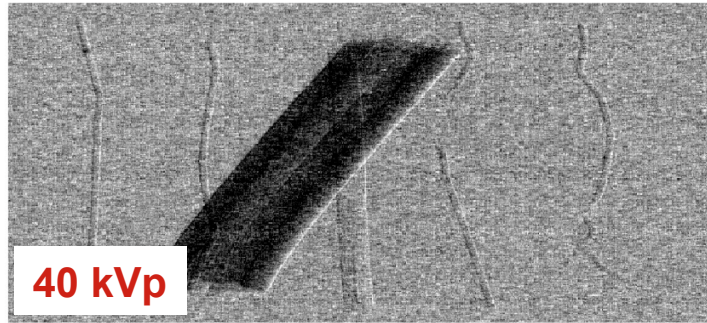
cluttering
layers



detonator components
(thin electrical conductors)



Phase contrast vs. x-ray energy

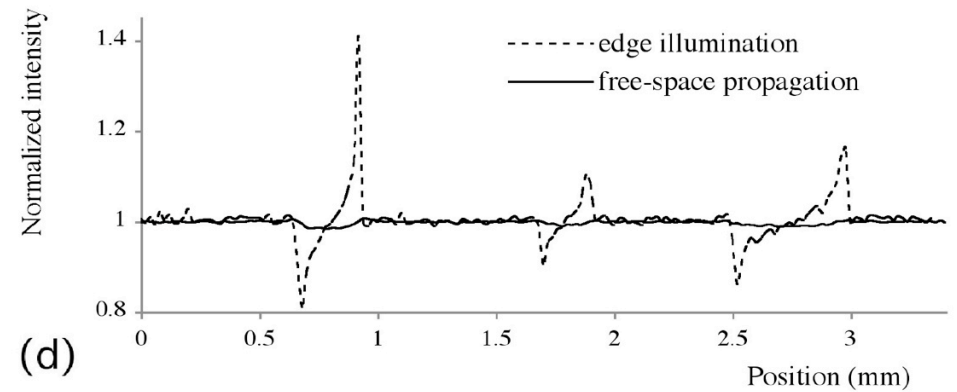
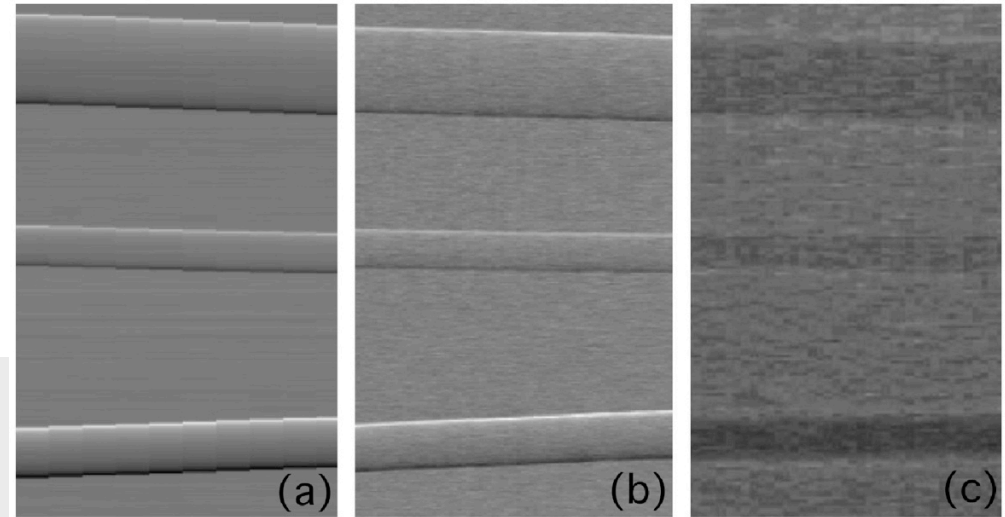
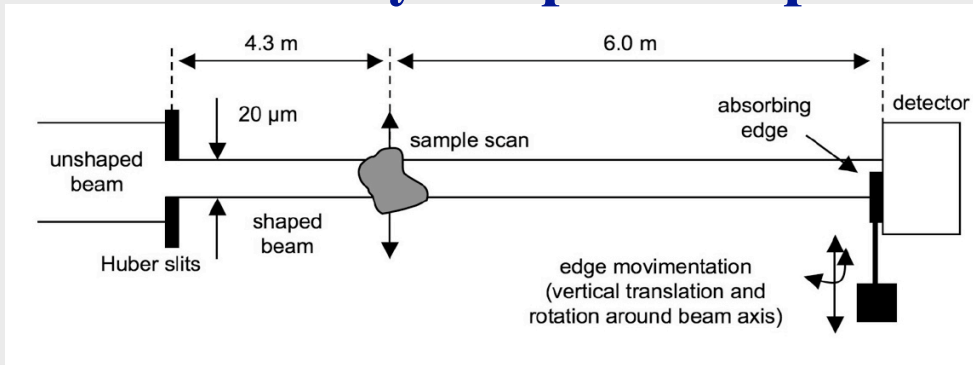




Even higher (monochromatic) energy - ESRF, 85 keV

very simple set-up...

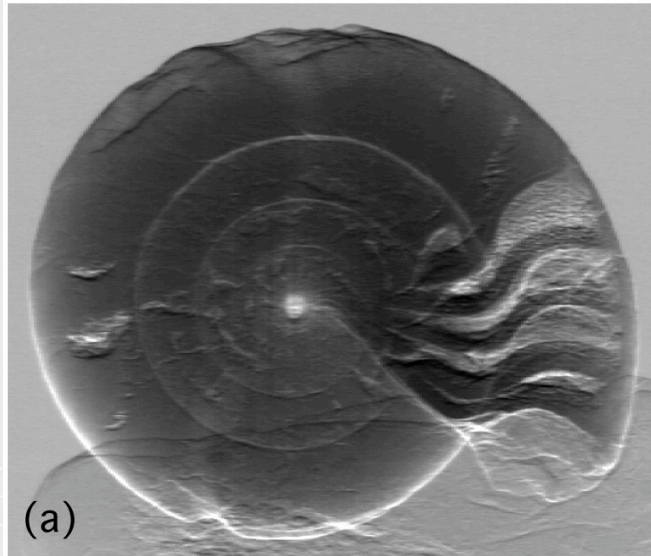
-> highly increased contrast!



Even higher (monochromatic) energy - ESRF, 85 keV

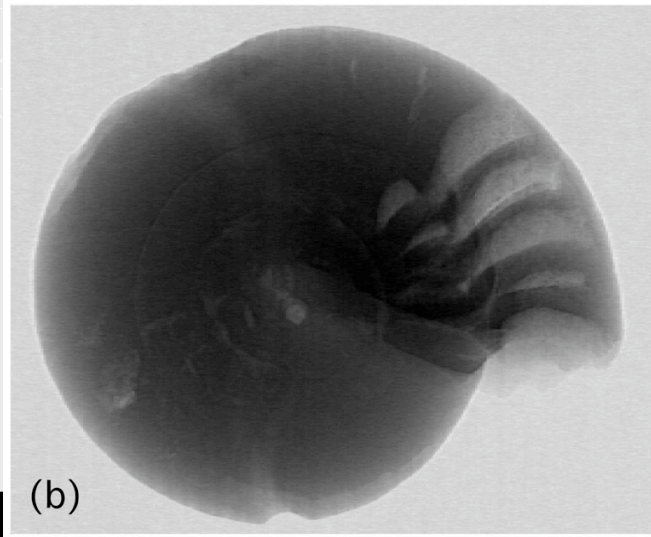


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(a)

Edge illumination



(b)

Free-space propagation

IBME

UCL Institute of Biomedical Engineering

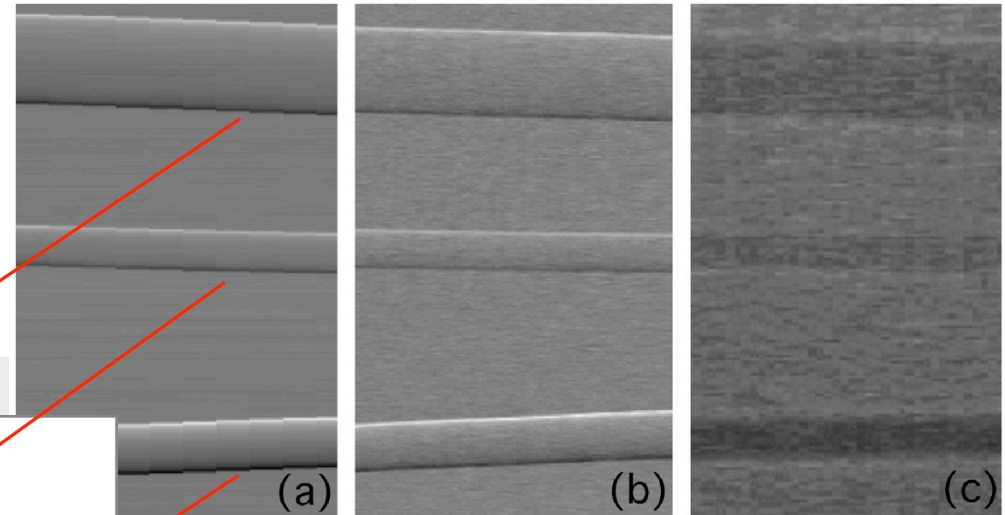
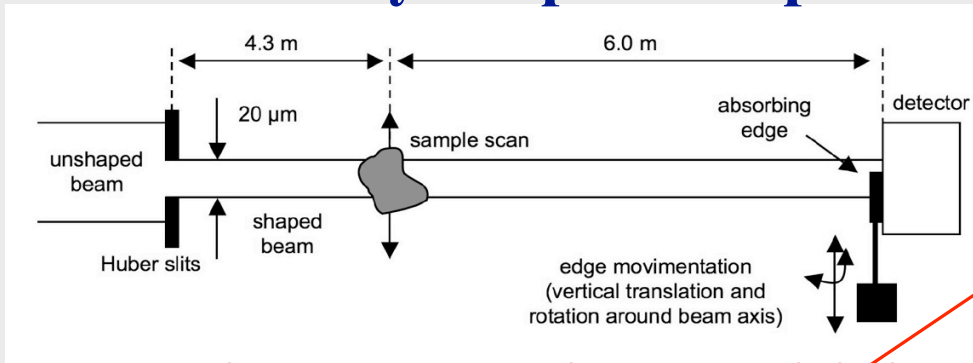
Research Complex
at Harwell



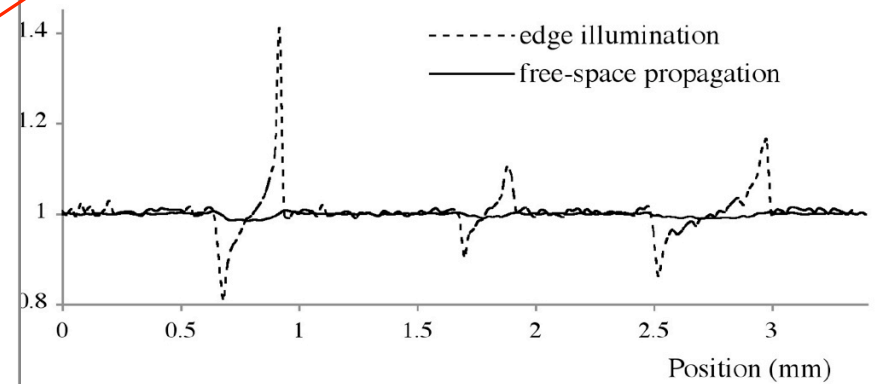
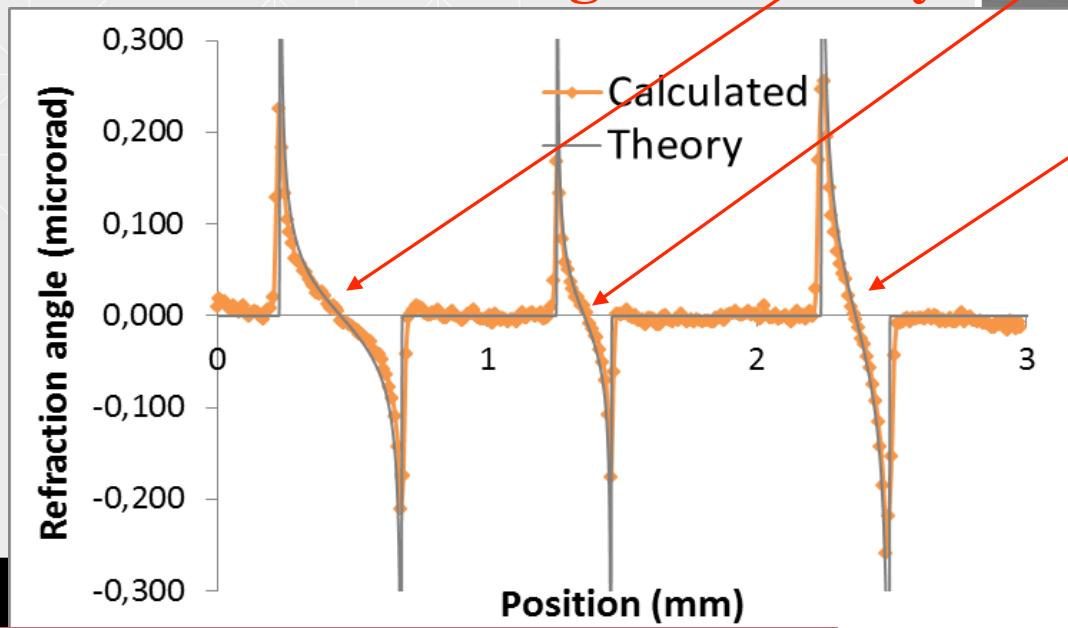
Even higher (monochromatic) energy - ESRF, 85 keV

very simple set-up...

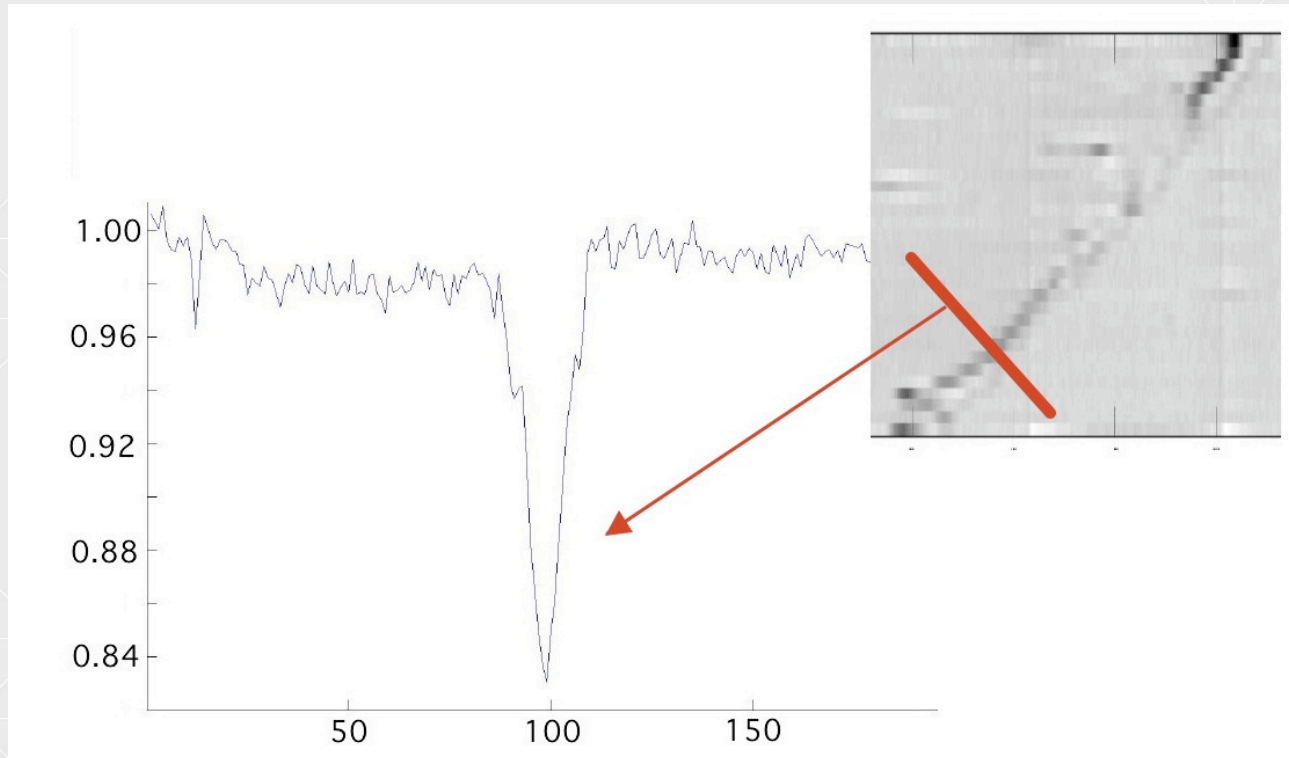
-> highly increased contrast!



-> which means high sensitivity



Exploitation of additional sensitivity to push the detection threshold further:



Practically corresponds to a single cell in water

A 10 micron thick polyethylene foil immersed in water (-> matching refractive index!) generates an unprecedented **16% image contrast!**

Conclusions:



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Coded-aperture XPCi is a **NON-INTERFEROMETRIC, TOTALLY INCOHERENT, QUANTITATIVE** x-ray phase contrast method working with conventional sources which:

allows the use of fully divergent, fully polychromatic x-ray sources with focal spots of up to at least 100 μm - with no additional collimation/aperturing; the use of large apertures in thin gold layers (-> no angular filtration), low-absorbing graphite substrates, moderate misalignments between masks allowed achieving a reduction in the exposure times - although demanding medical applications require further developments. Most of all they keep the dose at acceptable levels.

requires aperture pitches of the order of ~50-100 μm - therefore making fabrication, alignment and scale-up (masks are available up to 30 cm) easier.

has been described both by wave & geometrical optics (but for source sizes like the ones we use they give the same results) and robust phase retrieval was achieved.